

Mondo College Invitational - 1/13/2024

JDL Fast Track

Meet Program

Event 1 Women 3000 M Race Walk

Saturday 1/13/2024 - 9:15 AM

DNF cutoff = 25:00

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
4	Governor, Alexa	Cumberlands	15:12.32
5	Whatley, Victoria	Columbia (S.	15:31.00
6	Whatley, Jessica	Columbia (S.	15:50.00
8	Blatz, Isabelle	Cumberlands	18:54.02
9	Meacham, Stefanie	Unattached	19:00.00
10	Durrant, Heather	Cumberlands	NT

Event 2 Men 3000 M Race Walk

Saturday 1/13/2024 - 9:15 AM

DNF cutoff = 25:00

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Bennett, Cole	Cumberlands	13:30.83
2	Melchiorre, Dillan	Cumberlands	14:46.10
3	Wilson, Wyatt	Montreat	15:01.53
7	Mills, Chandler	Union (Ky.)	17:45.00

Event 3 Women 60 M Hurdles

Saturday 1/13/2024 - 10:00 AM

Lane	Name	School	Seed Time
Heat 1 of 6 Prelims			
1	Roberts, Jill	Duke	8.48
2	White, Olivia	Belmont Abbe	9.50
3	Johnson, Emma	Columbia Int	9.00
4	Giggetts, Simone	Mars Hill	9.65
5	Garrison, Angell	Virginia Uni	10.14
6	Reed, Talayna	Columbia Int	9.00
7	Rose, Katlyn	North Greenv	10.30
Heat 2 of 6 Prelims			
2	Hunter, Caden	Unattached	9.65
3	Mosby, Mckylee	Unc Pembroke	9.45
4	Mueller, Alina	Mars Hill	10.05
5	Adamou, Stavriana	Elon	9.20
6	Johnson, Ja'mia	Elon	8.99
7	Smith, Brianna	Duke	8.50
8	Harper, Karis	North Greenv	10.33
Heat 3 of 6 Prelims			
1	Bush, Anna	Wake Forest	8.54
2	Pasko, Amanda	Unattached	9.40
3	Duchemin, Isabelle	Wofford	9.85
4	Dennison, Emma	North Greenv	10.38
5	Myrie, Bethany	Unattached	9.65
6	Washington, Tanzania	Fayetteville	8.95
7	Colon, Karolina	Belmont Abbe	9.23

Heat 4 of 6 Prelims

1	Green-White, Theresa	Tusculum	8.92
2	Thurgood, Hollie	Elon	9.36
3	Moehling, Alexia	App State	8.65
4	Rogers, Makayla	Mars Hill	9.68
5	Thierfelder, Ann	Belmont Abbe	10.78
6	Huskey, Olivia	North Greenv	NT
7	Haynesworth, Kaitlyn	Unattached	9.83
8	Peasley, Ane`	Columbia Int	9.24

Heat 5 of 6 Prelims

1	Rice, Gabby	North Greenv	NT
2	Berry, Addison	Wake Forest	8.72
3	Lopez, Lizzie	Elon	9.71
4	Blake, La'Miya	Mars Hill	10.79
5	Pringle, Mackenzie	Columbia (S.	9.31
6	Flores, Isabelle	Belmont Abbe	8.91
7	Pardo, Irene	Wofford	9.81
8	Bagg, Olivia	Wofford	9.25

Heat 6 of 6 Prelims

1	Onuoha, Amarachi	Duke	NT
2	Johnson, Morgan	Columbia Int	9.76
3	Williams, Arianna	Coker	9.31
4	Brown, Makeshria	Fayetteville	8.80
5	Willis, Honney	Mars Hill	11.56
6	Spencer, Diamond	Fayetteville	8.90
7	Kells, Haley	Belmont Abbe	9.73
8	Van Der Linde, Marga	Wofford	9.27

Event 4 Men 60 M Hurdles

Saturday 1/13/2024 - 10:15 AM

Lane	Name	School	Seed Time
Heat 1 of 4 Prelims			
1	Cash, Jamal	Tusculum	8.50
2	Laing, Dario	Columbia Int	8.07
3	Reese, Colton	Tusculum	9.00
4	Kohlhagen, Ryan	Belmont Abbe	8.48
5	Casey, Jackson	Wofford	10.89
6	Phelps, Tyshone	North Greenv	9.00
7	Battle, Justin	Unc Pembroke	NT
Heat 2 of 4 Prelims			
1	Gunn, Cameron	Belmont Abbe	8.86
2	Callahan, Tayvon	Unc Pembroke	8.16
3	Gulapa, Joshua	Belmont Abbe	8.46
4	Bennett, Michael	Duke	8.54
5	Evenson, Jamie	Unattached	9.73
6	Barnett, Chandler	North Greenv	NT
7	Latorre, Sebastian	Wofford	9.18

Mondo College Invitational - 1/13/2024

JDL Fast Track

Meet Program

Heat 3 of 4 Prelims...(Event 4 Men 60 M Hurdles)

1	Forte, Maxwell	Duke	8.63
2	Scherk, Michael	Duke	8.44
3	Fulwood, Daniel	Columbia (S.	9.21
4	Knight, Gage	Duke	NT
5	Mungo, Deshawn	Columbia (S.	8.79
6	Hinton, Jalen	Virginia Uni	8.18
7	White, Kimarje	Columbia (S.	9.54

Heat 4 of 4 Prelims

1	Witherspoon, Grant	Wofford	8.39
2	Bargaineer, Christian	Lees-McRae	8.38
3	Colbert, Andrew	Duke	8.67
4	Burkey, Hunter	Tusculum	9.27
5	Woodard, Archie	Wofford	9.36
6	Thompson, Ayden	Belmont Abbe	8.66

Event 5 Women 60 M Qualifying

Saturday 1/13/2024 - 10:25 AM

Top 2 times advance to prelims

Lane	Name	School	Seed Time
Section 1 of 9 Finals			
1	Gourdin, Jasmine	Unattached	8.00
2	Gibson, Madison	Unc Pembroke	7.95
3	Smiling, JoAnn	North Greenv	7.86
4	Haston, Raven	Unc Pembroke	7.84
5	Barber, Malaysia	Fayetteville	7.86
6	McNinch, Madeline	Wofford	7.88
7	Lee, Mya	Elon	7.96
8	Peasley, Ane`	Columbia Int	8.00
Section 2 of 9 Finals			
1	Thompson, Mia	Fayetteville	8.13
2	Myrie, Bethany	Unattached	8.10
3	Johnson, Morgan	Columbia Int	8.07
4	Brown, Latrice	Columbia (S.	8.02
5	Shelton, Alonda	Tusculum	8.02
6	Chestnut, Sekyah	Belmont Abbe	8.09
7	Hargrove, Maryah	Fayetteville	8.13
8	Marks, Kwamecia	Columbia (S.	8.14
Section 3 of 9 Finals			
1	Howard, Myikayla	Columbia (S.	8.22
2	Dyer, Danielle	Elon	8.19
3	Shaw, Ashante	Columbia (S.	8.16
4	Camire, Sandryne	Lees-McRae	8.14
5	Randell, Nia	Virginia Uni	8.15
6	Lucas, Anyla	Meredith	8.17
7	Grace, Robbie	Wake Forest	8.21
8	Ross, Madison	Unattached	8.23

Section 4 of 9 Finals

1	Williams, Mia	Belmont Abbe	8.41
2	Hixon, Laila	Coker	8.40
3	Brailsford, Gabriela	Unattached	8.30
4	Osika, Kegan	Lees-McRae	8.30
5	Miller, Saniya	Montreat	8.30
6	Murray, Priya	Belmont Abbe	8.37
7	Jones, AJ	Guilford	8.40

Section 5 of 9 Finals

1	Freeman, August	Unattached	8.59
2	Myrick, Emani	Virginia Uni	8.56
3	Haynesworth, Kaitlyn	Unattached	8.50
4	Robinson, Alayna	Virginia Uni	8.44
5	Taylor, Symone	Lees-McRae	8.48
6	Hurd, Majorie	Coker	8.50
7	Faulk, Shanekera	Belmont Abbe	8.57

Section 6 of 9 Finals

1	Paul, Shachiah	North Greenv	8.81
2	Williams, Asia	Averett	8.77
3	Bangura, Saida	Averett	8.65
4	Cofield-Jackson, Eshone	Lees-McRae	8.61
5	Willis, Honney	Mars Hill	8.62
6	Blake, La'Miya	Mars Hill	8.71
7	Evans, Tamia	Barton	8.78

Section 7 of 9 Finals

1	Wagner, Claire	Meredith	9.69
2	Pridgen, Naomi	Unc-Greensbo	9.05
3	Smith, Kelsey	Coker	8.95
4	Kerlin, Acura	Unattached	8.85
5	Dalton, Kaleigh	Barton	8.90
6	Williams, Kiarrah	Unc-Greensbo	9.01
7	Romska, Rachel	Meredith	9.43

Section 8 of 9 Finals

1	Stauffer, Jael	Coker	NT
2	Marks, Mia	Bob Jones	NT
3	Richardson, Heaven	Guilford	NT
4	Moehling, Alexia	App State	NT
5	Kasper, McKay	Coker	NT
6	Giggetts, Simone	Mars Hill	NT
7	Vaughn, Carleigh	North Greenv	NT

Section 9 of 9 Finals

1	Smith, Kieley	Tusculum	NT
2	Evans, Jniyah	Bluefield	NT
3	Cole, Paris	Averett	NT
4	Witherspoon, Kaniyah	Bob Jones	NT
5	Marable, Jade	Averett	NT
6	Middlebrooks, Toni	Virginia Uni	NT
7	Olivarez, Sophia	Belmont Abbe	NT

Mondo College Invitational - 1/13/2024
JDL Fast Track
Meet Program

Event 6 Men 60 M Qualifying**Saturday 1/13/2024 - 10:45 AM**

Top 2 times advance to prelims

Lane	Name	School	Seed Time
Section 1 of 8 Finals			
1	Thomas, Jaidin	Unc Pembroke	7.09
2	Balde, Alpha	Virginia Uni	7.08
3	Hall, Aaron	Montreat	7.06
4	Ellerbe, Joshua	Unc Pembroke	7.05
5	Fair-Steele, Ny'lon	Unc Pembroke	7.06
6	Bolden, Zachary	Belmont Abbe	7.06
7	Lee, Jaidan	Barton	7.09
8	Hamby, Bryce	North Greenv	7.10
Section 2 of 8 Finals			
1	Fressel, Luke	Bob Jones	7.20
2	Hines, Jeremiah	Belmont Abbe	7.16
3	Sumter, Irvin	Columbia Int	7.14
4	Burt, Delmont	Unattached	7.11
5	Walters, Thariq	Virginia Uni	7.11
6	Watt-Martin, Jaden	Columbia (S.	7.14
7	Hilsman, Robert	Wofford	7.17
8	Oxendine, Emanuel	Unattached	7.20
Section 3 of 8 Finals			
1	Stamper, Thomas	Wofford	7.25
2	Calcano, Willy	Columbia (S.	7.23
3	Dover, Xavier	Unattached	7.23
4	Jones, DeAndre	Unattached	7.20
5	McKenzie, Jermaine	Unc Pembroke	7.22
6	Wallis, Quentin	Unattached	7.23
7	Jensen, Kenneth	Belmont Abbe	7.25
8	Lee, Ethan	Mars Hill	7.27
Section 4 of 8 Finals			
1	Woodard, Jamarlin	Barton	7.40
2	Laws, Aiden	Virginia Uni	7.34
3	Andrews, Nickolas	Averett	7.29
4	Potts, Zachery	Lees-McRae	7.28
5	Olander, Shane	Wofford	7.29
6	Kirby, Aaron	Lees-McRae	7.30
7	Foster, Royal	North Greenv	7.38
8	Young, Sean	Unattached	7.40
Section 5 of 8 Finals			
1	Howell, Traveon	Mars Hill	7.54
2	Brothers, Zamir	Columbia (S.	7.49
3	Mota, Leonardo	Bob Jones	7.46
4	Vincent, Khayri	Virginia Uni	7.42
5	Jones, Quentin	Averett	7.45
6	Gray, Misha	Bob Jones	7.47
7	Becton, Tyrik	Belmont Abbe	7.50
8	Maung, Zin	Unc-Greensbo	7.55

Section 6 of 8 Finals

1	Torain, Trenton	Guilford	7.70
2	Pierre, Matthieu	Bob Jones	7.67
3	Williams, Makai	Unattached	7.63
4	Husic, Paris	Wake Forest	7.62
5	Jenkins, Justin	Unattached	7.63
6	Wright, Jordan	Columbia (S.	7.64
7	Bankole, Tayo	Lees-McRae	7.70

Section 7 of 8 Finals

1	Evans, Zaiyon	Averett	NT
2	Anderson, Taylor	Bluefield	NT
3	Wilson, Donald	Averett	NT
4	Abdul-Haqq, Ahmaad	Guilford	7.71
5	Hur, Jinsung	Unattached	7.93
6	Frazier, William	Coker	NT
7	Owens, Jamahrie	Averett	NT

Section 8 of 8 Finals

1	Moore, Jerome	Guilford	NT
2	Stevenson, Kaleel	Montreat	NT
3	Jones, Denim	Columbia Int	NT
4	Simon, R.J.	Guilford	NT
5	Adams-Beaver, Jaz	Guilford	NT
6	Moore, Kameron	Montreat	NT
7	Descartes, Orlando	Belmont Abbe	NT

Event 7 Women 4x800 M Relay**Saturday 1/13/2024 - 11:00 AM**

DNF cut-off = 11:00

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	App State	A	9:06.00
2	Montreat	A	9:22.00
3	Cumberlands	B	9:24.00
4	Cumberlands	A	9:24.00
5	Fayetteville	A	10:26.26
6	North Greenv	A	10:30.00
7	Belmont Abbe	A	10:51.74

Event 8 Men 4x800 M Relay**Saturday 1/13/2024 - 11:15 AM**

DNF cut-off = 9:00

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Cumberlands	A	7:43.32
2	App State	A	7:48.00
3	Belmont Abbe	A	8:20.35
4	North Greenv	A	8:30.00
5	Barton	A	NT

Mondo College Invitational - 1/13/2024

JDL Fast Track

Meet Program

Event 9 Women 3000 M

Saturday 1/13/2024 - 11:25 AM

DNF cut-off = 12:30

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	Obremski, Kaitlyn	App State	9:58.00
2	Glebocki, Cami	Elon	10:30.00
3	Vinci, Lizzie	Elon	10:30.00
4	Weber, Hannah	Elon	10:30.00
5	Roberts, Alice	Elon	10:31.44
6	Anderson, Kathryn	Unc Pembroke	10:50.00
7	Kimaiyo, Moureen	Unc Pembroke	10:50.00
8	Kosgei, Jackline	Unc Pembroke	10:50.38
9	Betzer, Deanna	Lees-McRae	10:53.42
10	Dille, Campbell	Lees-McRae	10:54.00
11	Bobo, Carlyn	Montreat	11:00.00
12	Oliver, Hannah	Montreat	11:10.00
13	Gibson, Nia	Fayetteville	11:11.71
14	Kravitz, Angeline	Columbia (S.	11:13.18
15	Bundy, Delaney	Meredith	11:13.43

Section 2 of 2 Finals

1	Shope, Riley	North Greenv	11:14.00
2	Joseph, Amethyst	Meredith	11:15.23
3	Delgado, Inmacaluda	Tusculum	11:17.72
4	Gallegos, Andrea	Meredith	11:18.38
5	Haddad, Rebekah	North Greenv	11:29.00
6	Piro, Karen	Unc Pembroke	11:30.00
7	Alsup, Paris	North Greenv	11:34.00
8	Futrell, Kylie	North Greenv	11:34.00
9	Bright, Emma	North Greenv	11:39.00
10	Fuel, Carly	Columbia (S.	11:45.00
11	Willis, Savannah	Belmont Abbe	11:45.77
12	Little, Meghan	Belmont Abbe	11:47.90
13	Douglass, Tenley	Unc-Greensbo	12:00.00
14	Fretwell, Anna	Barton	12:05.48
15	Martin, Addison	Columbia (S.	NT

Event 10 Men 3000 M

Saturday 1/13/2024 - 11:55 AM

DNF cut-off = 10:15

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Lipham, Ethan	App State	8:20.00
2	Morris, Jonah	App State	8:25.00
3	Topoly, Drew	Unattached	8:29.86
4	Taylor, Nethaneel	Unattached	8:35.00
5	Goode, Hayden	North Greenv	8:36.55
6	Shipp, Sam	Tusculum	8:41.79
7	Valdepenas, Pau	Tusculum	8:45.00
8	Geckler, Max	Lees-McRae	8:46.67
9	Scheerer, Alec	Unattached	8:48.00
10	Peart, Matthew	Unattached	8:50.00
11	Wunder, Elliot	Belmont Abbe	8:50.14
12	Pierce, Brennen	Lees-McRae	8:57.00
13	Brett, Josh	Lees-McRae	8:58.00
14	Tamez, Rene	Montreat	8:59.68

Section 2 of 3 Finals

1	Retana, Aaron	Montreat	9:00.00
2	Nichols, Jackson	App State	9:00.00
3	Reyna, Isaac	Lees-McRae	9:00.69
4	Hernandez, Jose	Belmont Abbe	9:04.77
5	Riddle, Philip	Montreat	9:10.00
6	Weesner, Judah	Unc-Greensbo	9:20.00
7	Williams, Landen	Montreat	9:20.00
8	Rudel, Mason	Unc-Greensbo	9:20.00
9	Cummings, Braxton	Mars Hill	9:25.00
10	Davis, Ethan	Belmont Abbe	9:25.51
11	Freeman, Rien	Lees-McRae	9:28.68
12	Hunt, Gabriel	Mars Hill	9:29.27
13	Heath, Matthew	North Greenv	9:29.76
14	Brewer, Chas	North Greenv	9:29.77
15	MacDonald, Cohen	North Greenv	9:29.77

Section 3 of 3 Finals

1	Racic, Dorde	Columbia (S.	9:30.00
2	Barfield, Gavin	Columbia Int	9:42.38
3	Johnson, Marc	Bob Jones	9:44.08
4	Kiprop, Kelvin	Mars Hill	9:44.29
5	Ricker, Jerry	Tusculum	9:48.00
6	Canup, Solomon	North Greenv	9:59.00
7	Drysch, Ryan	Tusculum	9:59.00
8	Connick, Spencer	Unc-Greensbo	10:00.00
9	Neeble, Cooper	Unc-Greensbo	10:00.00
10	Pope, Maliki	Mars Hill	10:11.67
11	Ray, Simon	Tusculum	10:12.00
12	Long, Nathaniel	Columbia Int	NT
13	Canning, Joey	Columbia Int	NT
14	Casey, Adam	Barton	NT
15	Robertson, Conrad	Unc Pembroke	NT

Mondo College Invitational - 1/13/2024

JDL Fast Track

Meet Program

Event 11 Women 60 M

Saturday 1/13/2024 - 12:50 PM

Lane	Name	School	Seed Time
Heat 1 of 4 Prelims			
1	Adams, Jayla	App State	7.69
2	Razzak, Khalilah	App State	7.75
3	Dailey, Kyndal	Unattached	7.60
4	Taylor, Kiera	Tusculum	7.70
5	Tennant, Ella	Wofford	7.62
6	Bieber, Halle	Duke	7.40
7	Wells, Nicole	App State	7.75
Heat 2 of 4 Prelims			
1	Geiser, Abby	Duke	7.41
2	Hunter, Caden	Unattached	7.70
3	Myles, Tramon	Fayetteville	7.79
4	Johnson, Kendall	App State	7.75
5	Cox, Tiara	North Greenv	7.62
6	Yates, A'Jaylah	Tusculum	7.68
7	Martinka, Landri	Lees-McRae	7.58
Heat 3 of 4 Prelims			
1	Edim, Mia	Duke	7.68
2	Burnett, Queen	Fayetteville	7.71
3	Doane, Madeline	Duke	7.57
4	Williams, Hailey	Duke	7.75
5	Hill, Hannah	North Greenv	7.80
6	Sherman, Katlin	Unattached	7.63
7	Martin, Tina	Duke	7.48
8	Lee, Kayla	Virginia Uni	7.84
Heat 4 of 4 Prelims			
1	McCord, Mariah	App State	7.66
2	Green-White, Theresa	Tusculum	7.73
3	Jackson, Julia	Duke	7.66
4	Johnson, Charlette	Columbia Int	7.81
5	Smith, Taylor	App State	7.49
6	Hart, Jahzara	Unattached	7.53
7	Gregory, Trinyty	Columbia Int	7.72
8	Johnson, Emma	Columbia Int	7.83

Event 12 Men 60 M

Saturday 1/13/2024 - 12:55 PM

Lane	Name	School	Seed Time
Heat 1 of 4 Prelims			
1	Larrieu, Nathaniel	Unattached	6.85
2	Morrow, Travon	Unc Pembroke	6.95
3	Khwaja, Rayan	Duke	6.95
4	McClain, Jackson	Mars Hill	6.87
5	Pittman, Marquel	Tusculum	6.73
6	Simpkins, Austin	North Greenv	7.00
7	caldwell, jonathan	Unattached	7.00

Heat 2 of 4 Prelims

1	Olson, Isaiah	Tusculum	6.96
2	Patterson II, Shannon	Unattached	6.90
3	Dalton, Cameron	Wofford	7.00
4	Taylor, Jordan	Tusculum	6.84
5	Crawford II, Kenneth	App State	6.94
6	Edwards, Tyrell	Tusculum	6.78
7	Ferguson, Armonte	App State	7.00

Heat 3 of 4 Prelims

1	Tilby, Bradley	Columbia (S.	7.04
2	Lawton, Antavious	North Greenv	7.00
3	Crawford, Samuel	Unattached	6.80
4	Cunningham, Lansford	Tusculum	7.00
5	Stiles, Jeffrey	Coker	6.90
6	Fisher, O'Rell	Wofford	6.83
7	casimir, quincy	Unattached	6.96
8	Odungide, Seinyi-Abasi	Duke	6.94

Heat 4 of 4 Prelims

1	Pearsall-Garcia, Yazeare	Coker	7.02
2	White, Chase	Unattached	6.99
3	Johnson, Jayvion	App State	6.97
4	Terry, RJ	Montreat	6.82
5	Blevins, Dustin	Montreat	6.93
6	Hinton, Jalen	Virginia Uni	6.90
7	Mellinger, Ezra	Duke	6.82
8	Lomick, Bryson	Unattached	7.01

Event 13 Women 600 M

Saturday 1/13/2024 - 1:00 PM

Lane	Name	School	Seed Time
Section 1 of 5 Finals			
2	Fuller, Elizabeth	App State	1:39.98
3	Vande Pol, Katherine	Unattached	1:39.38
4	Ammon, Rhys	App State	1:38.00
5	Ollendick-Smith, Addison	App State	1:37.90
6	Garcia, Lucia	App State	1:38.00
Section 2 of 5 Finals			
2	Hernandez, Jasmine	Montreat	1:47.79
3	Chellah, Judy	Tusculum	1:45.31
4	Myrie, Bethany	Unattached	1:45.00
5	Sakoutis, Arianna	Elon	1:40.02
6	Alps, Emily	Elon	1:40.13
Section 3 of 5 Finals			
2	Chenevey, Josie	Montreat	NT
3	Boone, Nia	Guilford	2:10.48
4	Dodds, Kristen	Bob Jones	2:02.84
5	Merna, Madelyn	Meredith	1:48.60
6	O'Toole, Carly	Meredith	1:50.00
Section 4 of 5 Finals			
2	Wray, Jordan	Columbia Int	NT
3	Oxaal, Alexandra	Belmont Abbe	NT
4	Fort, Nykia	Virginia Uni	NT
5	DiNapoli, Francesca	Belmont Abbe	NT
6	Zimmerman, Ainsley	Bob Jones	NT

Mondo College Invitational - 1/13/2024

JDL Fast Track

Meet Program

Section 5 of 5 Finals...(Event 13 Women 600 M)

1	Snapp, Macey	Tusculum	NT
2	Middlebrooks, Toni	Virginia Uni	NT
3	Lindsey, Caydence	Belmont Abbe	NT
4	Bruno, Clare	Belmont Abbe	NT
5	Matos, Illiana	Belmont Abbe	NT
6	Garrison, Angell	Virginia Uni	NT

Event 14 Men 600 M**Saturday 1/13/2024 - 1:15 PM**

Lane	Name	School	Seed Time
------	------	--------	-----------

Section 1 of 5 Finals

2	Thierfelder, Thomas	Belmont Abbe	1:25.55
3	Murphy-Redd, Logan	Belmont Abbe	1:25.23
4	Kester, Jack	Unattached	1:24.00
5	Aparicio, Antonio	Tusculum	1:23.15
6	Brannen, Miller	App State	1:24.00

Section 2 of 5 Finals

2	Locklear, Landen	Tusculum	1:31.67
3	Petersen, Caleb	Belmont Abbe	1:29.79
4	Laws, Christopher	Virginia Uni	1:28.51
5	Sneed, Virgil	Unattached	1:26.00
6	Morin, Matthew	Montreat	1:28.00

Section 3 of 5 Finals

2	Phifer, Marcus	Virginia Uni	NT
3	Yanez, Joseph	Guilford	1:48.90
4	May, Charles	Belmont Abbe	1:35.46
5	Nicol, Davis	Montreat	1:34.88
6	Bannister, Zach	North Greenv	1:35.00

Section 4 of 5 Finals

2	Bull, William	Columbia (S.	NT
3	Evans, Spencer	Columbia Int	NT
4	Beaver, Malik	Columbia Int	NT
5	Sarver, Andrew	Bob Jones	NT
6	Zuniga, Kolbe	Belmont Abbe	NT

Section 5 of 5 Finals

2	Vincent, Khayri	Virginia Uni	NT
3	Kitapindu, Benit	Tusculum	NT
4	Woodard, Archie	Wofford	NT
5	Pickett, Kayvon	Tusculum	NT
6	Bogus, Xay	Tusculum	NT

Event 15 Women 400 M**Saturday 1/13/2024 - 1:25 PM**

No blocks allowed

Lane	Name	School	Seed Time
------	------	--------	-----------

Section 1 of 6 Finals

2	Johnson, Jailyn	Virginia Uni	1:01.89
3	Sanchez, Danielle	Unc Pembroke	1:01.50
4	Shuford, Kirsten	Unc Pembroke	1:01.00
5	Freeman, August	Unattached	1:00.85
6	Ross, Madison	Unattached	1:01.00

Section 2 of 6 Finals

2	Anthony, Morgan	Unattached	1:03.97
3	Baird, Maura	Belmont Abbe	1:03.95
4	Johnson, Holley	Fayetteville	1:02.98
5	Chigwerewe, Tatiana	Fayetteville	1:02.06
6	Holloman, Anaya	Fayetteville	1:02.14

Section 3 of 6 Finals

2	Williams, Arianna	Coker	1:07.69
3	Henderson, Serena	Unc-Greensbo	1:06.78
4	Ferrell, Kayla	Columbia (S.	1:06.20
5	Randell, Nia	Virginia Uni	1:04.41
6	Burk, Laila	Unc-Greensbo	1:05.97

Section 4 of 6 Finals

2	Hengsterman, Avery	Meredith	1:12.75
3	Ingraham, Shannea	Averett	1:08.85
4	Lewis, Cassidy	Averett	1:08.52
5	Olivarez, Sophia	Belmont Abbe	1:07.76
6	Robinson, Alayna	Virginia Uni	1:08.47

Section 5 of 6 Finals

1	Nabors, Neveah	Columbia Int	NT
2	Paul, Shachiah	North Greenv	NT
3	Thierfelder, Ann	Belmont Abbe	NT
4	Rose, Katlyn	North Greenv	NT
5	Hengsterman, Abby	Meredith	1:13.07
6	Amato, Kathryn	Bob Jones	1:16.44

Section 6 of 6 Finals

1	Rice, Gabby	North Greenv	NT
2	Lee, Kayla	Virginia Uni	NT
3	Marable, Jade	Averett	NT
4	King, Ameerah	Columbia (S.	NT
5	Sosnowski, Caley	Tusculum	NT
6	Cuevas, Priscilla	Belmont Abbe	NT

Event 16 Men 400 M**Saturday 1/13/2024 - 1:40 PM**

No blocks allowed

Lane	Name	School	Seed Time
------	------	--------	-----------

Section 1 of 8 Finals

2	Jones, DeAndre	Unattached	52.50
3	Larrieu, Nathaniel	Unattached	52.33
4	Cooper, Sumter	Wofford	52.25
5	Jensen, Kenneth	Belmont Abbe	51.69
6	Dover, Xavier	Unattached	52.00

Section 2 of 8 Finals

2	Laing, Dario	Columbia Int	53.53
3	VeraCruz, Isaac	Bob Jones	53.50
4	Laws, Aiden	Virginia Uni	53.33
5	Casey, Jackson	Wofford	52.91
6	Cunningham, Kevin	Columbia Int	53.00

Mondo College Invitational - 1/13/2024

JDL Fast Track

Meet Program

Section 3 of 8 Finals...(Event 16 Men 400 M)

2	McKenzie, Jermaine	Unc Pembroke	54.00
3	Scott, Lodrick	Lees-McRae	53.65
4	Barnett, Chandler	North Greenv	53.65
5	Stevenson, Kaleel	Montreat	53.53
6	Williams, Mark	Unc Pembroke	53.56

Section 4 of 8 Finals

2	Jenkins, Justin	Unattached	54.94
3	Gubler, Frank	Belmont Abbe	54.61
4	Balde, Alpha	Virginia Uni	54.51
5	Cash, Jamal	Tusculum	54.14
6	Potts, Zachery	Lees-McRae	54.40

Section 5 of 8 Finals

2	Mvovi, Glodi	Unc-Greensbo	55.96
3	Alima-Grimshaw, Kevin	Averett	55.61
4	Rodriguez, Omar	Unattached	55.22
5	Bannister, Zach	North Greenv	55.00
6	Davis, Jeremiah	Averett	55.00

Section 6 of 8 Finals

1	White, Kimarje	Columbia (S.	NT
2	Elmer, Orrin	Lees-McRae	58.58
3	McIntyre, Johnathan	Mars Hill	58.22
4	Cecil, Connor	Mars Hill	57.48
5	Brown, Christopher	Averett	56.29
6	Oxendine, Emanuel	Unattached	57.00

Section 7 of 8 Finals

1	Gulapa, Joshua	Belmont Abbe	NT
2	Boutchia, Colson	Bob Jones	NT
3	Carranza, Julian	Columbia Int	NT
4	VanDen Berghe, Justin	Bob Jones	NT
5	Valle, Issac	Barton	NT
6	Hines, Jeremiah	Belmont Abbe	NT

Section 8 of 8 Finals

1	Eubanks, Darius	Averett	NT
2	Turner, Xavier	Bluefield	NT
3	Tucker, Mychael	Virginia Uni	NT
4	Harris, Christian	Columbia (S.	NT
5	Bolden, Zachary	Belmont Abbe	NT
6	Stroman, Kendell	Columbia (S.	NT

Event 17 Women 400 M Seeded

Saturday 1/13/2024 - 1:55 PM

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
2	Smith, Sierra	App State	57.88
3	Dietz, Madison	Duke	57.64
4	Johnson, Gabby	Wake Forest	56.00
5	Jons, Piper	Elon	54.02
6	McQueen, Jessica	Fayetteville	55.20

Section 2 of 3 Finals

2	Jefferson, Jasmine	Wofford	59.10
3	Kozlova, Anna	Elon	58.76
4	Cornett, Rebecca	App State	58.55
5	Martin, Jada	Tusculum	58.00
6	Tarpeh, Jorhdyn	Duke	58.00

Section 3 of 3 Finals

2	Mackey, Elana	Mars Hill	1:00.77
3	Middlebrooks, Toni	Virginia Uni	1:00.42
4	Van Der Linde, Marga	Wofford	1:00.40
5	Sayre, Brooke	Wofford	59.77
6	Williams, Abraonna	Fayetteville	1:00.30

Event 18 Men 400 M Seeded

Saturday 1/13/2024 - 2:05 PM

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
2	Laws, Christopher	Virginia Uni	49.61
3	Gore, Christian	App State	48.79
4	Craven, Dorian	Tusculum	48.56
5	Krehnbrink, Cole	App State	47.50
6	Kinney, Parker	App State	48.24
Section 2 of 3 Finals			
2	Bennett, Zion	Wofford	50.10
3	Mabe, Walker	Unc Pembroke	50.10
4	Simpkins, Austin	North Greenv	50.00
5	Cannon, Aydan	Unattached	49.81
6	Hammond, Clayton	Columbia Int	49.88
Section 3 of 3 Finals			
2	Bertelsen, Thomas	Mars Hill	51.58
3	Hinton, Jalen	Virginia Uni	51.24
4	Hilsman, Robert	Wofford	51.05
5	Dalton, Jabari	App State	50.40
6	Hunt, Davis	App State	50.80

Event 19 Women 800 M

Saturday 1/13/2024 - 2:25 PM

Lane	Name	School	Seed Time
Section 1 of 4 Finals			
1	Vande Pol, Katherine	Unattached	2:14.97
2	Soukup, Shay	Unc-Greensbo	2:21.29
3	Nave, Arvella	Unattached	2:25.00
4	Korir, Viola	Fayetteville	2:20.15
5	King, Dannielle	Wofford	2:25.91
6	Gibson, Nia	Fayetteville	2:25.02
7	Quinn, Maddie	Lees-McRae	2:25.81
8	Cheptoo, Repline	Fayetteville	2:17.90
9	Pasko, Amanda	Unattached	2:24.00
10	Peters, Francesca	Bob Jones	2:26.64

Mondo College Invitational - 1/13/2024

JDL Fast Track

Meet Program

Section 2 of 4 Finals...(Event 19 Women 800 M)

1	Keller, Sydney	Belmont Abbe	2:28.38
2	Willhite, Lydia	Columbia Int	2:31.07
3	Manfre, Bella	Unc-Greensbo	2:30.88
4	Saunders, Aaliyah	Fayetteville	2:30.45
5	Brown, Caitlin	Meredith	2:32.80
6	Reed, Rosemary	Columbia Int	2:34.14
7	Berrier, Emma	Unc-Greensbo	2:35.00
8	Hallman, Kristen	Wofford	2:37.32
9	Spadafora, Mara	Wofford	2:28.37
10	Harrison, Kaitlyn	Unc-Greensbo	2:35.84

Section 3 of 4 Finals

1	Thompson, Tori	Belmont Abbe	2:38.83
2	Shope, Riley	North Greenv	2:39.00
3	Bell, Ashley	Fayetteville	2:37.70
4	Rowe, Kaitlyn	Lees-McRae	2:42.00
5	Haddad, Rebekah	North Greenv	2:44.00
6	O'Connell, Emma	Wofford	2:38.63
7	Copeland, Kaylee	North Greenv	2:49.00
8	Marotta, Taylor	Coker	2:39.99
9	Futrell, Kylie	North Greenv	2:44.00
10	Reales-Prvano, Victoria	Bluefield	2:45.00

Section 4 of 4 Finals

1	Martin, Addison	Columbia (S.	NT
2	Ryan, Kylee	Coker	3:04.08
3	Adams, Maya	Mars Hill	3:01.93
4	Brown, Laura	Meredith	2:58.04
5	Wray, Alice	Belmont Abbe	NT
6	Lanier, Michaela	North Greenv	2:49.00
7	Hinz, Lesley	Unattached	2:54.14
8	Hicks, Brenna	Mars Hill	3:05.63
9	Fort, Nykia	Virginia Uni	NT
10	McNeil, Sarah	Mars Hill	3:00.00

Event 20 Men 800 M

Saturday 1/13/2024 - 2:40 PM

Lane	Name	School	Seed Time
Section 1 of 5 Finals			
1	Berger, Will	Wofford	1:57.91
2	Barber, Ethan	App State	1:57.00
3	Taylor, Nethaneel	Unattached	1:55.00
4	Smith, Steven	App State	1:57.00
5	Kester, Jack	Unattached	1:58.00
6	Sangster, Tucker	App State	1:57.00
7	Keck, Colin	Unc-Greensbo	1:57.16
8	Crawford, Samuel	Unattached	1:57.00
Section 2 of 5 Finals			
1	Scott, Lodrick	Lees-McRae	1:59.88
2	Abdullahi, Khalid	Unc-Greensbo	2:00.00
3	Williams, Emanuel	Unattached	2:00.63
4	Haskett, Ry	App State	1:58.14
5	Gerlach, Jakob	Lees-McRae	1:59.00
6	Prochaska, Lane	Unc-Greensbo	1:58.00
7	Jaminet, Ben	North Greenv	1:58.00
8	Blackwelder, Gabriel	Unc Pembroke	2:01.37

Section 3 of 5 Finals

1	Cox, Dominique	North Greenv	2:04.00
2	Hearn, Ethan	Wofford	2:03.31
3	Gaddy, Aiden	Unattached	2:04.00
4	Urichko, Ethan	Lees-McRae	2:03.31
5	Kowalski, Ryland	North Greenv	2:04.00
6	Gribbins, Ben	Lees-McRae	2:03.88
7	Hightower, Tyler	Unattached	2:05.00
8	Todd, Sean	Unc Pembroke	2:04.00
9	Hunt, Gabriel	Mars Hill	2:05.00

Section 4 of 5 Finals

1	Zeigler, Josh	Coker	2:14.00
2	Davis, Phillip	Coker	2:06.71
3	Goines, Amir	Unattached	2:08.00
4	White, Spencer	Virginia Uni	2:07.58
5	Hallis, Nicholas	Coker	2:12.73
6	Phifer, Marcus	Virginia Uni	2:06.28
7	Huggins, Kinkade	Averett	2:06.57
8	Wilson, Kaleb	Unattached	2:07.00
9	Norris, Jonah	Unattached	2:12.00
10	Morrison, Gabrel	Barton	2:11.77

Section 5 of 5 Finals

1	Streat, Montreal	Bluefield	NT
2	Brewer, Chas	North Greenv	NT
3	Quintero, Azael	Averett	NT
4	Carter, Jaden	Averett	NT
5	MacDonald, Cohen	North Greenv	NT
6	Schmied, Justin	Averett	NT
7	Smith, Ke'vannio	Averett	NT
8	Aquino Santos, Jair	Guilford	NT
9	Sizemore, Hunter	Lees-McRae	2:21.08
10	Bagtres-Mena, Joel	Bob Jones	NT

Event 21 Women 1000 M

Saturday 1/13/2024 - 2:55 PM

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	Donohue, Jasmine	App State	2:55.00
2	Standifer, Emily	Montreat	3:11.00
3	Hodge, Regan	App State	3:08.30
4	Petitjean, Sarah	Elon	3:04.31
5	Hasty, Kilia	Montreat	3:02.90
6	Obremski, Kaitlyn	App State	3:07.00
7	Castellanos, Yessenia	Montreat	3:05.38
8	Cronk, Mahaley	Montreat	3:11.16
9	O'Toole, Carly	Meredith	3:11.86
10	Nieto, Natalia	Montreat	3:10.00

Mondo College Invitational - 1/13/2024

JDL Fast Track

Meet Program

Section 2 of 2 Finals...(Event 21 Women 1000 M)

1	Bruno, Clare	Belmont Abbe	NT
2	Merna, Madelyn	Meredith	3:18.26
3	Lindsey, Caydence	Belmont Abbe	NT
4	Deveau, Annika	Belmont Abbe	3:36.80
5	Jenkins, Lindsey	Mars Hill	3:20.00
6	Kravitz, Angeline	Columbia (S.	3:31.54
7	Oxaal, Alexandra	Belmont Abbe	NT
8	Rowe, Kaitlyn	Lees-McRae	3:22.00
9	Griggs, Raegan	Unattached	3:20.00
10	Willis, Savannah	Belmont Abbe	NT
11	moise, Jaqueeta	Unattached	3:35.10

Event 22 Men 1000 M

Saturday 1/13/2024 - 3:05 PM

Lane Name School Seed Time

Section 1 of 2 Finals

1	Knott, Zachary	Belmont Abbe	2:46.95
2	Freeman, Rien	Lees-McRae	2:33.00
3	Hamilton, Andrew	Unc-Greensbo	2:32.00
4	Branch, Dylan	Montreat	2:28.11
5	Barnard, Sam	Unc-Greensbo	2:32.50
6	May, Charles	Belmont Abbe	2:50.00
7	Bennett, Charlie	Unc-Greensbo	2:32.00
8	Racic, Dorde	Columbia (S.	2:49.42
9	Bannister, Zach	North Greenv	2:45.00
10	Bates, Austin	Coker	2:45.00
11	Brett, Josh	Lees-McRae	2:32.56
12	Ward, Luke	Unc-Greensbo	2:35.00
13	King, Daniel	Unattached	2:37.00

Section 2 of 2 Finals

1	Duah, Godwin	Averett	NT
2	Beaver, Malik	Columbia Int	NT
3	Ani, Samuel	Averett	NT
4	Antunez, Luis	Barton	NT
5	Evans, Spencer	Columbia Int	NT
6	Willett, Adam	Belmont Abbe	NT
7	Bull, William	Columbia (S.	NT
8	Thomas, Lee	Barton	NT
9	Hernandez, Jose	Belmont Abbe	NT
10	Wunder, Elliot	Belmont Abbe	NT
11	Lester, Keelen	Tusculum	NT
12	Polite, Damaion	Columbia (S.	NT

Event 23 Women 200 M

Saturday 1/13/2024 - 3:15 PM

No blocks allowed

Lane Name School Seed Time

Section 1 of 13 Finals

3	Tutt, Keiarra	Barton	26.16
4	Martinka, Landri	Lees-McRae	26.13
5	Johnson, Charlette	Columbia Int	26.06
6	Adamou, Stavriana	Elon	26.12

Section 2 of 13 Finals

3	Lee, Kayla	Virginia Uni	26.26
4	Osika, Kegan	Lees-McRae	26.25
5	Johnson, Emma	Columbia Int	26.19
6	Chestnut, Sekyah	Belmont Abbe	26.20

Section 3 of 13 Finals

3	Brailsford, Gabriela	Unattached	26.50
4	Vaughn, Carleigh	North Greenv	26.48
5	Flores, Isabelle	Belmont Abbe	26.29
6	Randell, Nia	Virginia Uni	26.41

Section 4 of 13 Finals

3	Cofield-Jackson, Eshone	Lees-McRae	26.74
4	Judd, Ani	App State	26.58
5	Worf, Presley	Wofford	26.50
6	Barnes, Emma	Montreat	26.54

Section 5 of 13 Finals

3	Middlebrooks, Toni	Virginia Uni	26.98
4	Brown, Latrice	Columbia (S.	26.98
5	Shelton, Alonda	Tusculum	26.76
6	Shaw, Ashante	Columbia (S.	26.78

Section 6 of 13 Finals

2	Mochling, Alexia	App State	27.23
3	Taylor, Elida	Mars Hill	27.22
4	Howard, Myikayla	Columbia (S.	27.15
5	Ross, Madison	Unattached	27.00
6	Johnson, Jailyn	Virginia Uni	27.06

Section 7 of 13 Finals

2	Lucas, Anyla	Meredith	27.61
3	Mosby, Mckylee	Unc Pembroke	27.50
4	Robinson, Alayna	Virginia Uni	27.50
5	Duchemin, Isabelle	Wofford	27.31
6	Marks, Kwamecia	Columbia (S.	27.45

Section 8 of 13 Finals

2	Valdivia-Rizo, Chelsea	Unc-Greensbo	27.94
3	Bangura, Saida	Averett	27.77
4	Lee, Mya	Elon	27.68
5	Taylor, Symone	Lees-McRae	27.61
6	Ingraham, Shannea	Averett	27.64

Section 9 of 13 Finals

2	Wilson, Peyton	Unc-Greensbo	28.32
3	Brannon, Makennzi	Belmont Abbe	28.31
4	Miller, Saniya	Montreat	28.06
5	Stauffer, Jael	Coker	27.96
6	Anthony, Morgan	Unattached	28.00

Section 10 of 13 Finals

2	Irizarry, Melanie	North Greenv	29.20
3	Witherspoon, Kaniyah	Bob Jones	29.09
4	Williams, Asia	Averett	28.87
5	Lewis, Cassidy	Averett	28.55
6	Colon, Karolina	Belmont Abbe	28.64

Mondo College Invitational - 1/13/2024

JDL Fast Track

Meet Program

Section 11 of 13 Finals...(Event 23 Women 200 M)

2	Marks, Alexa	Bob Jones	32.08
3	Andrews, Kat	Coker	31.26
4	Hengsterman, Abby	Meredith	31.04
5	McMasters, Madison	Unc-Greensbo	30.54
6	Kerlin, Acura	Unattached	30.63

Section 12 of 13 Finals

1	Pikett, Vivian	Bob Jones	NT
2	Smith, Kelsey	Coker	NT
3	Ferrell, Kayla	Columbia (S.	NT
4	Cole, Paris	Averett	NT
5	Carroll, Kendall	Meredith	32.27
6	Romska, Rachel	Meredith	32.31

Section 13 of 13 Finals

1	Richardson, Heaven	Guilford	NT
2	Williams, Mia	Belmont Abbe	NT
3	Davis, Melody	Bob Jones	NT
4	Dennison, Emma	North Greenv	NT
5	Sosnowski, Caley	Tusculum	NT
6	Hengsterman, Avery	Meredith	NT

Event 24 Men 200 M**Saturday 1/13/2024 - 3:30 PM**

No blocks allowed

Lane	Name	School	Seed Time
------	------	--------	-----------

Section 1 of 12 Finals

3	Stamper, Thomas	Wofford	22.68
4	Sumter, Irvin	Columbia Int	22.68
5	Hicks, Ian	Belmont Abbe	22.63
6	Morrow, Travon	Unc Pembroke	22.67

Section 2 of 12 Finals

3	Lee, Ethan	Mars Hill	22.74
4	Hammond, Clayton	Columbia Int	22.73
5	Jones, Donovan	Coker	22.69
6	Ellerbe, Joshua	Unc Pembroke	22.70

Section 3 of 12 Finals

3	Watt-Martin, Jaden	Columbia (S.	22.97
4	Dalton, Cameron	Wofford	22.85
5	Foster, Royal	North Greenv	22.78
6	Laws, Aiden	Virginia Uni	22.80

Section 4 of 12 Finals

3	White, Joshua	North Greenv	23.06
4	Hamby, Bryce	North Greenv	23.00
5	Hall, Aaron	Montreat	22.99
6	Fair-Steele, Ny'lon	Unc Pembroke	23.00

Section 5 of 12 Finals

3	Gray, Misha	Bob Jones	23.31
4	Price, Brody	Unc Pembroke	23.30
5	Frye, Jack	Unc Pembroke	23.13
6	Tucker, Mychael	Virginia Uni	23.24

Section 6 of 12 Finals

2	Burt, Delmont	Unattached	23.50
3	Olander, Shane	Wofford	23.36
4	Bailey, Caleb	Columbia (S.	23.35
5	Linen, Xavier	Columbia (S.	23.34
6	Calcano, Willy	Columbia (S.	23.35

Section 7 of 12 Finals

2	Cunningham, Kevin	Columbia Int	24.00
3	Bargaineer, Christian	Lees-McRae	23.95
4	Jones, Quentin	Averett	23.94
5	Torain, Trenton	Guilford	23.55
6	Young, Sean	Unattached	23.90

Section 8 of 12 Finals

2	Phelps, Tyshone	North Greenv	24.26
3	Broom, Jaryd	Lees-McRae	24.17
4	White, Chase	Unattached	24.14
5	Bobbitt, Jordan	Barton	24.05
6	Andrews, Nickolas	Averett	24.14

Section 9 of 12 Finals

2	Moore, Jerome	Guilford	25.00
3	Rodriguez, Omar	Unattached	25.00
4	Mota, Leonardo	Bob Jones	24.96
5	Donald, Ladanian	Averett	24.34
6	Gunn, Cameron	Belmont Abbe	24.58

Section 10 of 12 Finals

2	Williams, Kyle	Bob Jones	26.23
3	Turner, Carlos	Tusculum	25.70
4	VeraCruz, Isaac	Bob Jones	25.48
5	Wright, Jordan	Columbia (S.	25.17
6	Elmer, Orrin	Lees-McRae	25.22

Section 11 of 12 Finals

1	Carranza, Julian	Columbia Int	NT
2	Ebron, Jaquan	Bluefield	NT
3	Evans, Zaiyon	Averett	NT
4	Coleman, Jesse	Belmont Abbe	NT
5	Frith, Alayne	Montreat	26.30
6	Rasco, Braeden	Coker	26.79

Section 12 of 12 Finals

1	Jones, Denim	Columbia Int	NT
2	Thompson, Ayden	Belmont Abbe	NT
3	Baker, Luke	Coker	NT
4	Eubanks, Darius	Averett	NT
5	Adams-Beaver, Jaz	Guilford	NT
6	Heard, Jr, David	Guilford	NT

Event 25 Women 200 M Seeded**Saturday 1/13/2024 - 3:45 PM**

Lane	Name	School	Seed Time
------	------	--------	-----------

Section 1 of 4 Finals

3	Cox, Tiara	North Greenv	24.70
4	Burnett, Queen	Fayetteville	24.63
5	Jons, Piper	Elon	23.69
6	Hart, Jahzara	Unattached	24.43

Mondo College Invitational - 1/13/2024

JDL Fast Track

Meet Program

Section 2 of 4 Finals...(Event 25 Women 200 M Seeded)

3	Talley, Daye	App State	25.03
4	Yates, A'Jaylah	Tusculum	25.00
5	Hill, Hannah	North Greenv	24.82
6	Hunter, Caden	Unattached	24.90

Section 3 of 4 Finals

3	Gregory, Trinyty	Columbia Int	25.36
4	Myles, Tramoni	Fayetteville	25.36
5	Tennant, Ella	Wofford	25.05
6	Dailey, Kyndal	Unattached	25.22

Section 4 of 4 Finals

3	Camire, Sandryne	Lees-McRae	25.90
4	McNinch, Madeline	Wofford	25.90
5	Heckstall, Aniya	Barton	25.58
6	Barber, Malaysia	Fayetteville	25.59

Event 26 Men 200 M Seeded**Saturday 1/13/2024 - 3:55 PM**

Lane	Name	School	Seed Time
------	------	--------	-----------

Section 1 of 4 Finals

3	Fisher, O'Rell	Wofford	21.90
4	Lawton, Antavious	North Greenv	21.81
5	Pittman, Marquel	Tusculum	21.47
6	Hinton, Jalen	Virginia Uni	21.68

Section 2 of 4 Finals

3	Fressel, Luke	Bob Jones	22.08
4	Coleman, Garison	Belmont Abbe	22.07
5	Terry, RJ	Montreat	21.99
6	Nelson, Zack	Tusculum	22.03

Section 3 of 4 Finals

3	Copper, Justin	Barton	22.28
4	Balde, Alpha	Virginia Uni	22.24
5	Green, Jayden	Lees-McRae	22.13
6	Laws, Christopher	Virginia Uni	22.24

Section 4 of 4 Finals

3	Bennett, Zion	Wofford	22.60
4	Kirby, Aaron	Lees-McRae	22.55
5	Brewer, Stephen	Tusculum	22.50
6	casimir, quincy	Unattached	22.50

Event 27 Women 1 Mile**Saturday 1/13/2024 - 4:05 PM**

DNF cut-off = 6:30

Lane	Name	School	Seed Time
------	------	--------	-----------

Section 1 of 3 Finals

1	Jerop, Daisy	Fayetteville	5:22.10
2	Jeptoo, Irene	Fayetteville	5:15.23
3	Bobo, Carlyn	Montreat	5:28.00
4	Cheptoo, Repline	Fayetteville	5:34.48
5	Nicholson, Riley	North Greenv	5:34.00
6	Reiter, Jenna	Unc-Greensbo	5:20.00
7	Shope, Avery	North Greenv	5:34.00
8	Suarez Vega, Lucia	Unattached	5:35.00
9	Carlson, Camille	Unc-Greensbo	5:30.00
10	Kimaiyo, Moureen	Unc Pembroke	5:35.00
11	Sosa, Victoria	Unc-Greensbo	5:22.60
12	Parks, Macy	Montreat	5:25.00

Section 2 of 3 Finals

1	Dille, Campbell	Lees-McRae	5:36.03
2	Kosgei, Jackline	Unc Pembroke	5:35.00
3	Keller, Sydney	Belmont Abbe	5:48.84
4	Bundy, Delaney	Meredith	5:40.00
5	Oliver, Hannah	Montreat	5:40.57
6	Quinn, Maddie	Lees-McRae	5:43.81
7	Gallegos, Andrea	Meredith	5:40.35
8	Zuniga, Mia	Belmont Abbe	5:50.85
9	Reed, Rosemary	Columbia Int	5:41.64
10	Willhite, Lydia	Columbia Int	5:42.25
11	Betzer, Deanna	Lees-McRae	5:37.00
12	Kiplagat, Joan	Fayetteville	5:37.78

Section 3 of 3 Finals

1	Hansen, Katie	Barton	5:55.51
2	DiNapoli, Francesca	Belmont Abbe	6:10.19
3	Jones, Lauren	Bob Jones	NT
4	Gagne, Cora	Bob Jones	6:14.64
5	Delgado, Inmacaluda	Tusculum	6:02.08
6	Joseph, Amethyst	Meredith	5:53.10
7	Fuel, Carly	Columbia (S.	6:11.41
8	Little, Meghan	Belmont Abbe	5:56.29
9	Miller, Kacey	North Greenv	6:09.00
10	Griffin, Gabrielle	Averett	NT
11	Gidney, Christiana	North Greenv	5:59.00
12	Justice, Zoie	North Greenv	5:59.00
13	Fretwell, Anna	Barton	6:03.06

Mondo College Invitational - 1/13/2024

JDL Fast Track

Meet Program

Event 28 Men 1 Mile

Saturday 1/13/2024 - 4:25 PM

DNF cut-off = 5:20

Lane	Name	School	Seed Time
Section 1 of 4 Finals			
1	Hetzel, John	Belmont Abbe	4:26.93
2	Buffington, Dylan	Unattached	4:17.56
3	Pierce, Brennen	Lees-McRae	4:20.00
4	Valdepenas, Pau	Tusculum	4:25.00
5	Ward, Luke	Unc-Greensbo	4:22.61
6	King, Daniel	Unattached	4:25.00
7	Pena, Evan	Unc-Greensbo	4:25.00
8	Geckler, Max	Lees-McRae	4:27.00
9	Shipp, Sam	Tusculum	4:26.00
10	Martin, Kaeden	Barton	4:26.00
11	Burkhart, Delsin	Unc Pembroke	4:24.00
12	Long, Ethan	Unc-Greensbo	4:26.89
Section 2 of 4 Finals			
1	Thanos, Logan	Unc-Greensbo	4:40.00
2	Herman, Joel	North Greenv	4:34.00
3	White, Mason	North Greenv	4:34.00
4	Schilling, Thomas	North Greenv	4:39.00
5	Sause, Brian	Belmont Abbe	4:27.77
6	Goode, Hayden	North Greenv	4:39.00
7	Gerlach, Jakob	Lees-McRae	4:32.00
8	Zuniga, Kolbe	Belmont Abbe	4:31.00
9	Hubbard, Clinton	Belmont Abbe	4:33.82
10	Spring, Camden	Unattached	4:30.00
11	Lewis, Payden	Unc Pembroke	4:39.40
12	Nolan, Harold	Columbia (S.	4:37.00
13	Retana, Aaron	Montreat	4:28.00
Section 3 of 4 Finals			
1	Quindoza, Ian	Unattached	4:48.16
2	Shafer, Sol	Bob Jones	4:44.37
3	Williams, Landen	Montreat	4:50.50
4	Tamez, Rene	Montreat	4:40.65
5	Drysch, Ryan	Tusculum	4:52.00
6	Ray, Simon	Tusculum	4:52.00
7	Kiprop, Kelvin	Mars Hill	4:51.21
8	Davis, Ethan	Belmont Abbe	4:52.17
9	Clancey, Will	Unc Pembroke	4:49.23
10	Ricker, Jerry	Tusculum	4:49.13
11	Canning, Joey	Columbia Int	4:49.00
12	Riddle, Philip	Montreat	4:40.00
13	Brownlee, JT	Unc-Greensbo	4:40.00

Section 4 of 4 Finals

1	Lavelle, Nick	North Greenv	4:59.00
2	Kyle, Daniel	Bob Jones	5:13.55
3	White, Spencer	Virginia Uni	5:05.77
4	Kirkpatrick, Ashton	Lees-McRae	4:53.11
5	Bacon, Jalen	Barton	NT
6	Simpson, Simon	Unattached	5:05.00
7	Gerbitz, Levi	Bob Jones	5:07.45
8	Phifer, Marcus	Virginia Uni	5:03.28
9	Zeigler, Josh	Coker	5:02.71
10	Wulinsky, Ryan	Unattached	5:05.00
11	Cummings, Braxton	Mars Hill	4:52.48
12	Oliver, Jacob	Barton	NT
13	Olson, Jackson	Lees-McRae	5:14.73

Event 29 Women 4x400 M Relay

Saturday 1/13/2024 - 4:50 PM

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	Belmont Abbe	A	3:59.43
2	Fayetteville	B	3:59.00
3	Elon	A	3:52.65
4	Wofford	A	3:52.10
5	Fayetteville	A	3:45.45
6	Wofford	B	3:46.67
Section 2 of 2 Finals			
1	Lees-McRae	A	4:28.22
2	Columbia Int	A	4:21.98
3	Meredith	A	4:16.27
4	Elon	B	4:08.48
5	North Greenv	A	4:00.00
6	Tusculum	A	4:03.75

Event 30 Men 4x400 M Relay

Saturday 1/13/2024 - 5:05 PM

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	Lees-McRae	A	3:24.24
2	Columbia Int	A	3:23.61
3	Belmont Abbe	A	3:21.10
4	North Greenv	A	3:20.00
5	Tusculum	A	3:14.32
6	Wofford	A	3:17.60
Section 2 of 2 Finals			
1	Barton	B	3:35.18
2	Barton	A	3:35.18
3	Coker	A	3:35.00
4	Columbia (S.	A	3:34.54
5	Unc Pembroke	A	3:27.00
6	Wofford	B	3:28.10

Mondo College Invitational - 1/13/2024

JDL Fast Track

Meet Program

Event 31 Women High Jump

Saturday 1/13/2024 - 1:15 PM

Opening height = 1.42m; progressions 0.05m

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Smith, Kieley	Tusculum	NH
2	Irizarry, Melanie	North Greenv	NH
3	Pitt, Lauryn	Barton	NH
4	Mochi, Fina	Belmont Abbe	NH
5	Lowder, Chloe	Belmont Abbe	NH
6	Ingraham, Shannea	Averett	NH
7	Barnes, Emma	Montreat	1.40m
8	Fort, Nykia	Virginia Uni	1.44m
9	Lane, Jade	Virginia Uni	1.47m
10	Wilbourn, Justice	Elon	1.48m
11	Cooper, Ava	Wofford	1.49m
12	Murray, Noelle	Elon	1.49m
13	Duchemin, Isabelle	Wofford	1.50m
14	Wright, Kaiya	Fayetteville	1.50m
15	Mueller, Alina	Mars Hill	1.52m
16	Hester, Maren	Lees-McRae	1.52m
17	Rogers, Makayla	Mars Hill	1.53m
18	Huskey, Olivia	North Greenv	1.54m
19	Brooks, Deja	Unattached	1.55m
20	Bagg, Olivia	Wofford	1.59m
21	Kells, Haley	Belmont Abbe	1.60m
22	O'Malley, Meghan	Wake Forest	1.64m
23	Knowles, Domanique	Fayetteville	1.66m
24	Bush, Anna	Wake Forest	1.69m
25	Schonhoff, Hannah	Elon	1.70m
26	Berry, Addison	Wake Forest	1.71m
27	Renner, Addie	Duke	1.73m
28	Smith, Brianna	Duke	1.83m

Event 32 Men High Jump

Saturday 1/13/2024 - 3:30 PM

Opening height = 1.77m; progressions 0.05m

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Bryant, Drew	Montreat	NH
2	Phelps, Tyshone	North Greenv	NH
3	Janish, Grant	Duke	NH
4	Stroman, Kendall	Columbia (S.	NH
5	Descartes, Orlando	Belmont Abbe	NH
6	Scott, Lodrick	Lees-McRae	1.58m
7	Jordan, Jeremiah	Virginia Uni	1.65m
8	Rasco, Braeden	Coker	1.70m
9	Clark, Shakir	Virginia Uni	1.78m
10	Burkey, Hunter	Tusculum	1.79m
11	Ross, Jake	Wofford	1.79m
12	Bennett, Michael	Duke	1.80m
13	Husic, Paris	Wake Forest	1.82m
14	Ebron, Jaquan	Bluefield	1.83m
15	Fontaine, Braxton	Barton	1.84m
16	Kilpatrick, Alex	Duke	1.85m
17	Bolden Jr., Tyshone	Unc Pembroke	1.85m
18	Washington, Julius	Unc Pembroke	1.85m
19	Salley, Steven	Unattached	1.89m
20	Forte, Maxwell	Duke	1.89m
21	Koelling, Kaleb	Belmont Abbe	1.90m
22	Knight, Gage	Duke	1.90m
23	Thorson, Rexton	Belmont Abbe	1.92m
24	Curry II, Gregory	Montreat	1.95m
25	Colbert, Andrew	Duke	1.98m
26	Green, Jayden	Lees-McRae	1.99m
27	Higgins, Levi	Mars Hill	2.00m
28	Allen, Beau	Unattached	2.09m

Mondo College Invitational - 1/13/2024
JDL Fast Track
Meet Program

Event 33 Women Pole Vault**Saturday 1/13/2024 - 2:30 PM****Opening height = 2.80m; progressions 0.15m**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Rimmer, Caroline	Columbia Int	NH
2	Mochi, Fina	Belmont Abbe	NH
3	Thompson, Tori	Belmont Abbe	2.45m
4	Eddinger, Haley	Mars Hill	2.45m
5	Reeping, Taylor	Belmont Abbe	2.45m
6	King, Mykayla	Mars Hill	2.85m
7	Tully, Abigail	North Greenv	2.90m
8	Pasko, Amanda	Unattached	3.00m
9	Horan, Jordyn	Unattached	3.04m
10	Fiorucci, Carina	Unc Pembroke	3.05m
11	Cerminara, Caden	Elon	3.35m
12	Fowlkes, Caroline	App State	3.46m
13	Meeker, Noelle	App State	3.50m
14	Agee, Celia	App State	3.50m
15	Studney, Ava	App State	3.65m
16	Davies, Maddie	Duke	3.70m
17	Sommers, Paige	Duke	4.30m

Event 34 Men Pole Vault**Saturday 1/13/2024 - 10:00 AM****Opening height = 3.40m; progressions 0.15m**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	McCaskill, Hunter	Columbia Int	NH
2	Knight, Gage	Duke	NH
3	Barnette, Elijah	Unc Pembroke	3.35m
4	Botros, Andrew	Wofford	3.50m
5	Lawson, Jacob	Wofford	3.65m
6	Baker, Luke	Coker	3.65m
7	Rimmer, Branson	Columbia Int	3.75m
8	Fulmer, Grayson	North Greenv	3.80m
9	Bennett, Michael	Duke	3.85m
10	Wells, Caleb	Montreat	3.90m
11	Doty, Landen	North Greenv	3.95m
12	Forte, Maxwell	Duke	4.00m
13	Nicol, Davis	Montreat	4.00m
14	McClellan, Edward	Montreat	4.05m
15	san miguel, antonio	Unattached	4.10m
16	Duarte, Christopher	Belmont Abbe	4.10m
17	Latorre, Sebastian	Wofford	4.25m
18	Hay, Kelly	Belmont Abbe	4.25m
19	Thomas, Cole	Unc Pembroke	4.40m
20	Meseck-Schick, Shay	Duke	4.40m
21	Colbert, Andrew	Duke	4.40m
22	Hamby, Bryce	North Greenv	4.45m
23	Bigelow, Matthew	App State	4.55m
24	Freeman, Patrick	App State	4.85m
25	Fox, Taylor	App State	4.95m
26	Gray, Matthew	App State	5.00m

Event 35 Women Long Jump**Saturday 1/13/2024 - 11:00 AM**

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	Pardo, Irene	Wofford	4.54m
2	Ilesanmi, Sarah	Bluefield	ND
3	Andrews, Kat	Coker	4.33m
4	Hester, Maren	Lees-McRae	4.60m
5	Cooper, Ava	Wofford	4.55m
6	Adams, Maya	Mars Hill	4.23m
7	Murray, Priya	Belmont Abbe	ND
8	Charlton, Laquelle	Averett	ND
9	Brannon, Makennzi	Belmont Abbe	4.06m
10	Jones, AJ	Guilford	ND
11	Norman, Lydia	Montreat	4.78m
Flight 2 of 3 Finals			
1	Kells, Haley	Belmont Abbe	5.05m
2	Brooks, Deja	Unattached	4.95m
3	Worf, Presley	Wofford	4.88m
4	Wilson, Tiara	Fayetteville	5.21m
5	Johnson, Morgan	Columbia Int	5.14m
6	Mueller, Alina	Mars Hill	4.95m
7	Lopez, Lizzie	Elon	4.98m
8	Blango, Makayla	Columbia (S.	4.88m
9	Rogers, Makayla	Mars Hill	4.96m
10	Lane, Jade	Virginia Uni	5.20m
11	Thurgood, Hollie	Elon	5.17m
Flight 3 of 3 Finals			
1	Johnson, Holley	Fayetteville	5.23m
2	Smith, Brianna	Duke	6.02m
3	Knowles, Domanique	Fayetteville	5.46m
4	Locci, Gianna	Duke	6.03m
5	Gakeri, Jessica	Montreat	5.64m
6	Hertz Saebbo, Linn	Elon	5.83m
7	Dillon, Lora	Lees-McRae	5.37m
8	Mark, Alexa	Elon	5.53m
9	Heckstall, Aniya	Barton	5.38m
10	Hill, Hannah	North Greenv	5.26m
11	Grace, Robbie	Wake Forest	5.96m

Mondo College Invitational - 1/13/2024
JDL Fast Track
Meet Program

Event 36 Men Long Jump**Saturday 1/13/2024 - 10:00 AM**

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	Martin, Wanya	Mars Hill	5.49m
2	Jones, Denim	Columbia Int	ND
3	Wilson, Miguel	Unc Pembroke	5.75m
4	Hearn Jr., John	Bluefield	ND
5	Coleman, Sekani	Belmont Abbe	5.45m
6	Casey, Jackson	Wofford	5.50m
7	Heard, Jr, David	Guilford	ND
8	Davis, Jeremiah	Averett	ND
9	Brothers, Zamir	Columbia (S.	5.21m
10	Bolden Jr., Tyshone	Unc Pembroke	5.53m
11	Descartes, Orlando	Belmont Abbe	ND
12	Simon, R.J.	Guilford	ND
13	Pinnock, Jayvien	Virginia Uni	5.65m
Flight 2 of 3 Finals			
1	Laing, Dario	Columbia Int	6.10m
2	Dixon, Tyler	Columbia (S.	5.85m
3	Bailey, Caleb	Columbia (S.	6.52m
4	Gooding-Williams, Dayzhaun	Belmont Abbe	6.27m
5	Elmer, Orrin	Lees-McRae	6.10m
6	Johnson Jr, Neco	Unattached	6.03m
7	Abdul-Haqq, Ahmaad	Guilford	6.13m
8	Latorre, Sebastian	Wofford	6.12m
9	Smith, Daryl	Tusculum	6.38m
10	Clarke, Chandler	Unattached	6.40m
11	Clark, Shakir	Virginia Uni	6.16m
12	Howell, Traveon	Mars Hill	5.99m
13	Hiatt, Jared	App State	6.48m
14	Broom, Jaryd	Lees-McRae	5.90m
Flight 3 of 3 Finals			
1	Bryant, Drew	Montreat	6.65m
2	Benain, Jared	Mars Hill	6.85m
3	Colley, Josh	Unattached	7.37m
4	Stephens, Josh	Tusculum	6.56m
5	Fontaine, Braxton	Barton	6.79m
6	Jordan, Jeremiah	Virginia Uni	6.55m
7	Sheppard, Christopher	Wofford	6.99m
8	Mellinger, Ezra	Duke	7.51m
9	Hokett, Ezekiel	Unattached	6.65m
10	Bunker, David	Unc Pembroke	6.76m
11	Wilkins, Niejel	App State	7.01m
12	Pehot, Jonathan	Montreat	6.90m
13	McNeil, Lamont	Montreat	6.73m
14	Murphy III, William	Unattached	6.92m

Event 37 Women Triple Jump**Saturday 1/13/2024 - 2:30 PM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Wright, Kaiya	Fayetteville	11.06m
2	Pringle, Mackenzie	Columbia (S.	ND
3	Thompson, Mia	Fayetteville	11.00m
4	Wilson, Tiara	Fayetteville	11.68m
5	Brooks, Deja	Unattached	11.20m
6	Smith, Kieley	Tusculum	9.87m
7	Irizarry, Melanie	North Greenv	ND
8	Kells, Haley	Belmont Abbe	11.11m
9	Nicholas, Kira	Unattached	11.09m
10	Smiling, JoAnn	North Greenv	11.36m
11	Blango, Makayla	Columbia (S.	10.45m
12	Dillon, Lora	Lees-McRae	11.75m
13	Rice, Gabby	North Greenv	ND
14	Mack, Jaida	Columbia (S.	ND
15	Rozario, Tia	Duke	12.97m

Event 38 Men Triple Jump**Saturday 1/13/2024 - 2:30 PM**

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Brimm, William	Wofford	12.08m
2	Bunker, David	Unc Pembroke	12.38m
3	Hearn Jr., John	Bluefield	ND
4	Gooding-Williams, Dayzhaun	Belmont Abbe	13.43m
5	Dixon, Tyler	Columbia (S.	12.22m
6	Lester, Keelen	Tusculum	12.22m
7	Bankole, Tayo	Lees-McRae	12.10m
8	Thomas, Savion	Virginia Uni	11.81m
9	Wilson, Miguel	Unc Pembroke	12.51m
10	Pinnock, Jayvien	Virginia Uni	12.53m
Flight 2 of 2 Finals			
1	Coleman, Sekani	Belmont Abbe	13.54m
2	Stephens, Josh	Tusculum	14.31m
3	Foster, Royal	North Greenv	13.95m
4	Benain, Jared	Mars Hill	14.75m
5	Smith, Daryl	Tusculum	14.46m
6	Lopez, Caleb	App State	13.50m
7	Herzog, Michael	Duke	15.20m
8	Sheppard, Christopher	Wofford	13.69m
9	Wilkins, Niejel	App State	15.38m
10	Walters, Thariq	Virginia Uni	14.04m

Mondo College Invitational - 1/13/2024

JDL Fast Track

Meet Program

Event 39 Women Shot Put

Saturday 1/13/2024 - 9:30 AM

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	Hillard, Kay-lin	Bluefield	6.53m
2	Rolack, Christal	Virginia Uni	7.66m
3	Minor, Tenae	Virginia Uni	6.80m
4	Carmichael, Samantha	Meredith	ND
5	Holsenback, Madeline	North Greenv	ND
6	Gonzalez, Carlota	Averett	ND
7	Pasko, Amanda	Unattached	9.50m
8	Messick, Kaylee	Lees-McRae	6.23m
9	Branch, Katie	Belmont Abbe	9.15m
10	Jinks, Nehemiah	Coker	ND
11	Owens, Joei	North Greenv	ND
12	Giron, Isis	Montreat	ND
13	Rolack, Christiana	Virginia Uni	7.21m
14	Olaleye, Jenella	Unc Pembroke	9.17m
Flight 2 of 3 Finals			
1	Buzzard, Autumn	Columbia (S.	11.22m
2	Beeman, Bailey	Mars Hill	9.50m
3	Harris, Jaeda	App State	10.64m
4	Bagg, Olivia	Wofford	10.87m
5	Clarke, Adriana	Elon	11.32m
6	Gray, Morgan	Lees-McRae	9.78m
7	Davis, Devon	Lees-McRae	9.99m
8	Agwu, Comfort	Unc Pembroke	10.00m
9	Hogan, Amber	Tusculum	10.12m
10	Gamble, Katrina	Fayetteville	10.22m
11	Smith, Da'Sia	Fayetteville	11.36m
12	Curry, Coral	Columbia Int	10.76m
13	Woodruff, Elizabeth	Belmont Abbe	10.40m
14	Cephus, Haleigh	Elon	11.03m
Flight 3 of 3 Finals			
1	Artman, Alycia	Unc Pembroke	11.85m
2	Canty, Anaya	Columbia (S.	11.48m
3	Berry, Addison	Wake Forest	12.24m
4	Carlton, Lauryn	Elon	14.20m
5	Mason, MaKayla	Duke	17.03m
6	Plummer, Megan	App State	12.18m
7	Oberg, Tristin	Elon	11.87m
8	Dawson, Darci	Columbia (S.	12.43m
9	Riggs, Ella	Unattached	12.21m
10	Cooper, Daiyanna	App State	13.61m
11	Pickens, Kloey	Columbia Int	12.93m
12	Hunt, Acoya	Columbia Int	11.46m
13	Bush, Anna	Wake Forest	11.98m
14	Barnes, Emma	Montreat	11.48m
15	Sawicki, Ellie	Wofford	12.93m

Event 40 Men Shot Put

Saturday 1/13/2024 - 9:30 AM

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	Holmes, Jaylen	Bluefield	ND
2	Powers, Davis	Belmont Abbe	11.83m
3	Casey, Jackson	Wofford	8.93m
4	Wright, Jaden	Coker	ND
5	Asencio, Jarek	Columbia (S.	9.82m
6	Scarborough, Bryce	Columbia Int	12.10m
7	Garian, Joshua	Bob Jones	7.59m
8	Mcdonald, Daylon	Columbia (S.	11.54m
9	Goldsmith, Timothy	Averett	11.71m
10	Buchanan, Colton	Columbia Int	10.73m
11	Garian, Daniel	Bob Jones	9.26m
12	Brooks, Andriquez	Guilford	11.54m
13	Lloyd, Keyshawn	North Greenv	ND
Flight 2 of 3 Finals			
1	Keen, Michael	Lees-McRae	12.66m
2	Cline, Khan	Lees-McRae	12.75m
3	Tobias, Geonathan	Columbia (S.	13.57m
4	Campbell, Taylor	North Greenv	13.04m
5	Schuster, James	Belmont Abbe	12.78m
6	Horne, Dylan	Tusculum	13.50m
7	Shelton, Justus	Mars Hill	13.65m
8	Ehersman, Joshua	Lees-McRae	13.95m
9	Royes, Justin	Virginia Uni	14.03m
10	Edwards, Chase	Wofford	12.97m
11	Thompson, Manny	Belmont Abbe	13.16m
12	Rowell, Gavin	Tusculum	13.48m
13	Boone, Dequan	Virginia Uni	13.64m
Flight 3 of 3 Finals			
1	Douglas, Cedric	Unc Pembroke	15.22m
2	Walker, Justin	Unc Pembroke	14.29m
3	Athey, Seth	Guilford	14.58m
4	Husic, Paris	Wake Forest	15.01m
5	Montgomery, Cameron	Columbia Int	14.23m
6	Oxendine, Bennie	Unc Pembroke	14.85m
7	Lorenzo, Antonio	Mars Hill	14.17m
8	Burch Jr., Jeremiah	App State	14.31m
9	Shelton, Jesse	Mars Hill	17.40m
10	Gumm, Adrian	Tusculum	14.73m
11	Reinach, Jacob	Duke	14.48m
12	Wainscott, Christopher	App State	18.06m
13	Jones, Zachary	Virginia Uni	14.29m
14	Karl, Nate	App State	17.01m

Mondo College Invitational - 1/13/2024
JDL Fast Track
Meet Program

Event 41 Women Weight Throw**Saturday 1/13/2024 - 4:00 PM**

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	Brown, Shelby	Montreat	8.91m
2	Tiittanen, Lotta	Averett	ND
3	Agwu, Comfort	Unc Pembroke	10.95m
4	Rose, Katlyn	North Greenv	ND
5	Giron, Isis	Montreat	ND
6	Renke, Justina	Columbia (S.	11.19m
7	Holsenback, Madeline	North Greenv	7.92m
8	Pitt, Lauryn	Barton	8.13m
9	carson, Zaida	Columbia (S.	ND
10	Thompson, Kaile	Meredith	5.89m
11	Owens, Joei	North Greenv	ND
Flight 2 of 3 Finals			
1	Hunt, Acoya	Columbia Int	12.35m
2	Hogan, Amber	Tusculum	14.02m
3	Olaleye, Jenella	Unc Pembroke	12.00m
4	Coyne, Meghan	Elon	13.03m
5	Card, Mackenzie	Montreat	11.80m
6	Cephus, Haleigh	Elon	12.80m
7	Sawicki, Ellie	Wofford	13.52m
8	Oberg, Tristin	Elon	12.62m
9	Boykin, Dianna	App State	14.00m
10	Harris, Jaeda	App State	12.94m
11	Sparks, Hannah Grace	Columbia Int	12.53m
12	Curry, Coral	Columbia Int	13.16m
Flight 3 of 3 Finals			
1	Hinton, Dazanni	Columbia Int	17.14m
2	Mitchell, Moorea	Duke	18.69m
3	Cooper, Daiyanna	App State	17.00m
4	Merriweather, Victoria	Unattached	19.86m
5	Carlton, Lauryn	Elon	18.49m
6	Artman, Alycia	Unc Pembroke	14.48m
7	Metz, Amelia	Elon	14.15m
8	Waddell, Zoe	Duke	17.42m
9	Emmen, Dani	Wofford	14.30m
10	Clarke, Adriana	Elon	14.97m
11	Pickens, Kloey	Columbia Int	14.16m
12	McAllister, Doreshia	Columbia (S.	14.36m

Event 42 Men Weight Throw**Saturday 1/13/2024 - 1:00 PM**

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Athey, Seth	Guilford	10.68m
2	Crowe, Bailey	North Greenv	11.38m
3	Edwards, Chase	Wofford	12.69m
4	Buchanan, Colton	Columbia Int	10.54m
5	Olverson, Andrew	Averett	ND
6	Campbell, Taylor	North Greenv	12.00m
7	Davis, Jonathan	Columbia (S.	10.98m
8	Belcher, Andrew	Lees-McRae	10.00m
9	Lloyd, Keyshawn	North Greenv	ND
10	Scarborough, Bryce	Columbia Int	12.94m
11	Brooks, Andriquez	Guilford	9.57m
12	Shelton, Justus	Mars Hill	12.08m
13	Powers, Davis	Belmont Abbe	ND
14	Lorenzo, Antonio	Mars Hill	12.22m
15	Marabella, Benjamin	Columbia (S.	11.04m
Flight 2 of 2 Finals			
1	Toro, Christian	Duke	18.50m
2	Palma Simo, Aimar	Duke	20.25m
3	Walker, Justin	Unc Pembroke	14.28m
4	Rice, Gavin	Columbia (S.	14.09m
5	Montgomery, Cameron	Columbia Int	13.16m
6	Lane, Nick	App State	13.50m
7	Johnson, Christian	Duke	20.00m
8	Shelton, Jesse	Mars Hill	14.76m
9	Gumm, Adrian	Tusculum	13.96m
10	Oxendine, Bennie	Unc Pembroke	14.38m
11	Goodson, Quin	Wofford	12.98m
12	Wainscott, Christopher	App State	19.25m
13	Thompson, Manny	Belmont Abbe	13.44m
14	Burch Jr., Jeremiah	App State	13.27m
15	Douglas, Cedric	Unc Pembroke	13.86m