



SOUTHERN CALIFORNIA TRACK & FIELD



TROJAN INVITATIONAL

TENTATIVE Schedule

FRIDAY, MARCH 22, 2024

Field Events Location Friday at South Bay Throws Facility

Field Events - All times approximate, will run one after another

- 12:00pm - Men's Discus Throw
- 1:00pm - Women's Discus Throw
- 2:00pm - Men's Hammer Throw
- 3:00pm - Women's Hammer Throw

SATURDAY, MARCH 23, 2024

Field Events at Loker Track

- 11:00am - Women's Long Jump
- 11:00am - Men's Long Jump
- 11:00am - Women's Pole Vault
- 11:00am - Women's Shot Put
- 12:00pm - Women's Javelin
- 12:30pm - Women's High Jump
- 1:00pm - Men's Shot Put
- 1:00pm - Men's Pole Vault
- 1:30pm - Women's Triple Jump
- 1:30pm - Men's Triple Jump
- 2:00pm - Men's High Jump
- 2:00pm - Men's Javelin

Running Events

- 11:30am - Women's 3k Steeple Chase
- 11:45am - Men's 3k Steeple Chase
- 12:00pm - National Anthem
- 12:05pm - Women's 400 Meter Relay
- 12:10pm - Men's 400 Meter Relay
- 12:15pm - Women's 1500 Meters
- 12:25pm - John L. West Men's 1500 Meters
- 12:35pm - Women's 100 Hurdles
- 12:45pm - Men's 110 High Hurdles
- 12:55pm - Women's 400 Meters
- 1:00pm - Men's 400 Meters
- 1:10pm - Women's 100 Meters
- 1:20pm - Men's 100 Meters
- 1:30pm - Women's 800 Meters
- 1:35pm - Men's 800 Meters
- 1:45pm - Women's 400 Hurdles
- 1:55pm - Men's 400 Hurdles
- 2:05pm - Women's 200 Meters
- 2:15pm - Men's 200 Meters
- 2:30pm - Women's 3000 Meters
- 2:50pm - Men's 3000 Meters
- 3:10pm - Women's 1600 Meter Relay
- 3:15pm - Men's 1600 Meter Relay