

2024 NC STATE RALEIGH RELAYS SCHEDULE -FINAL

THURSDAY, MARCH 28th				
TIME	EVENT	SECTION	CLASSIFICATION	STANDARD
4:35 PM	1500m	15 Sections - ~ 1 every 4 min	Men	Seeded
5:44 PM	3000m Steeplechase	Section 1	Men	Seeded
5:55 PM	3000m Steeplechase	Section 2	Men	Seeded
6:06 PM	3000m Steeplechase	Section 3	Men	Seeded
6:17 PM	3000m Steeplechase	Section 4	Men	Seeded
6:33 PM	3000m Steeplechase	Section 5	Men	Seeded
6:49 PM	5000m	Section 1	Men	Seeded
7:05 PM	5000m	Section 2	Men	Seeded
7:21 PM	5000m	Section 3	Men	Seeded
7:37 PM	5000m	Section 4	Men	Seeded
7:53 PM	5000m	Section 5	Men	Seeded
8:09 PM	5000m	Section 6	Men	Seeded
8:25 PM	5000m	Section 7	Men	Seeded
8:41 PM	5000m	Section 8	Men	Seeded
8:57 PM	5000m	Section 9	Men	Seeded
9:25 PM	10,000m	Section 1	Men	Seeded
10:00 PM	10,000m	Section 2	Men	Seeded
10:35 PM	10,000m	Section 3	Men	Seeded
TIME	EVENT	SECTION	CLASSIFICATION	
9:30	Javelin	Final	Men	
9:15	Shot Put	Final	Women	
1:15 PM	Shot Put	Final	Men	
1:15 PM	Javelin	Final	Women	
Implement Inspection				
7:30	Javelin	Men		
7:30	Shot Put	Women		
10:00	Javelin	Women		
10:00	Shot Put	Men		

FRIDAY, MARCH 29th				
TIME	EVENT	SECTION	CLASSIFICATION	STANDARD
12:40 PM	100mH	Timed Sections	Women	Final
1:10 PM	110mH	Timed Sections	Men	Final
1:35 PM	100m	Timed Sections	Women	Final
2:00 PM	100m	Timed Sections	Men	Final
2:25 PM	400m	Timed Sections	Women	Final
2:55 PM	400m	Timed Sections	Men	Final
3:35 PM	HS 3200m	Final	Girls	Final
3:49 PM	HS 3200m	Final	Boys	Final
4:05 PM	1500m	15 Sections - ~ 1 every 5 min	Women	Seeded
5:27 PM	3000m Steeplechase	Section 1	Women	Seeded
5:41 PM	3000m Steeplechase	Section 2	Women	Seeded
5:54 PM	3000m Steeplechase	Section 3	Women	Seeded
6:06 PM	3000m Steeplechase	Section 4	Women	Seeded
6:25 PM	5000m	Section 1	Women	Seeded
6:45 PM	5000m	Section 2	Women	Seeded
7:05 PM	5000m	Section 3	Women	Seeded
7:24 PM	5000m	Section 4	Women	Seeded
7:43 PM	5000m	Section 5	Women	Seeded
8:02 PM	5000m	Section 6	Women	Seeded
8:21 PM	5000m	Section 7	Women	Seeded
8:40 PM	5000m	Section 8	Women	Seeded
8:59 PM	5000m	Section 9	Women	Seeded
9:20 PM	10,000m	Invitational	Women	Seeded
9:57 PM	10,000m	Section 1	Women	Seeded
10:35 PM	10,000m	Section 2	Women	Seeded
TIME	EVENT	SECTION	CLASSIFICATION	
9:45	Discus	Final	Women	
10:30	Pole Vault	Final - Invitational to Follow	Men	
11:00	Triple Jump	Final (1 pit)	Women	
11:00	High Jump	Final (2 pits)	Men	
2:00 PM	Triple Jump	Final (1 pit)	Men	
2:15 PM	High Jump	Final (2 pits)	Women	
2:15 PM	Discus	Final	Men	
Implement Inspection				
7:30	Discus	Women		
9:30	Discus	Men		
12:00 PM	Hammer (impounded)	Women		
12:00 PM	Hammer (impounded)	Men		

SATURDAY, MARCH 30th				
TIME	EVENT	SECTION	CLASSIFICATION	STANDARD
1:00 PM	4x100m	Timed Sections	Women	Final
1:15 PM	4x100m	Timed Sections	Men	Final
1:30 PM	800m	Timed Sections	Women	Final
2:30 PM	400mH	Timed Sections	Women	Final
2:55 PM	400mH	Timed Sections	Men	Final
3:20 PM	200m	Timed Sections	Women	Final
3:50 PM	200m	Timed Sections	Men	Final
4:15 PM	800m	Timed Sections	Men	Final
5:15 PM	4x400m	Timed Sections	Women	Final
5:35 PM	4x400m	Timed Sections	Men	Final
TIME	EVENT	SECTION	CLASSIFICATION	
9:30	Hammer	Final	Men	
10:30	Pole Vault	Final - Invitational to Follow	Women	
10:45	Long Jump	Final (2 pits)	Women	
1:30 PM	Hammer	Final	Women	
1:45 PM	Long Jump	Final (2 pits)	Men	

