## JAAA National Junior & Senior Championships

June 23-26, 2022

	Thursday Jun	e 23, 2022	
TIME	EVENT	CATEGORY	ROUND
3:30PM	100m	Men	Preliminary
3:32PM	Javelin	Girls	Final
3:34PM	Triple Jump	Girls	Final
3:36PM	High Jump	Women	Final
4:00PM	400m hurdles	Girls	Final
4:08PM	400m hurdles	Women	Heats
4:25PM	400m hurdles	Boys	Heats
4:35PM	400m hurdles	Men	Heats
4:40PM	Discus	Girls	Final
4:41PM	Long Jump	Women	Final
4:50PM	800m	Girls	Heats
5:00PM	800m	Boys	Heats
5:10PM	800m	Women	Heats
5:15PM	800m	Men	Heats
5:20PM	2000m Steeplechase	Girls	Final
5:30PM	2000m Steeplechase	Boys	Final
5:40PM	100m	Girls	Heats
5:51PM	Triple Jump	Men	Final
6:00PM	100m	Boys	Heats
6:25PM	100m	Men	Heats
6:50PM	100m	Women	Heats

## **JAAA National Junior & Senior Championships** June 23-26, 2022 Friday June 24, 2022 TIME **EVENT** ROUND **CATEGORY** 4:00PM Long Jump Boys Final 4:15PM 400m Girls Heats 4:20PM Shot Put Boys Final 400m 4:30PM Boys Heats 4:33PM HIgh Jump Men Final 400m Heats 4:45PM Women 400m Men Heats 5:05PM 5:15PM Javelin Boys Final 5:25PM Long Jump Girls Final Girls Semi-Final 5:35PM 100m 100m 5:47PM Boys Semi-Final 100m 6:00PM Men Semi-Final 6:15PM 100m Women Semi-Final 1500m Final 6:41PM Girls 6:50PM 1500m Girls Final **OPENING CEREMONY** 7:00PM Shot Put Final 7:20PM Girls 7:22PM 1500m Women Final 7:23PM Long Jump Final Boys 1500m Final 7:30PM Men 7:40PM Discus Women Final 400m hurdles Girls Final 7:45PM Women 7:50PM 400m hurdles Final 8:00PM 400m hurdles Final Boys 400m hurdles 8:08PM Men Final 8:25PM 100m Girls Final 100m Final 8:30PM Boys 8:35PM 100m Men Final 100m 8:40PM Women Final

Order of Events - Subject to Change

5:55PM

6:10PM

6:25PM

6:40PM

7:00PM

Semi-Final

Semi-Final

Semi-Final

Semi-Final

Semi-Final

## **JAAA National Junior & Senior Championships** June 23-26, 2022 Saturday June 25, 2022 TIME **EVENT** ROUND **CATEGORY** 3:00PM Pole Vault Boys/Men Final 3:10PM High Jump Girls Final 3:12PM Discus Boys Final 200m 3:05PM Girls Heats Boys 3:15PM 200m Heats 200m Heats 3:20PM Women 200m Men Heats 3:30PM 3:50PM Long Jump Men Final 4:00PM 100m hurdles Girls Heats 100m hurdles Women 4:20PM Heats 4:45PM High Jump Boys Final 4:46PM 110m hurdles Boys Heats 5:00PM 110m hurdles Men Heats Women Final 5:02PM Shot Put 5:05PM Discus Men Final 400m 5:15PM Girls Semi-Final 400m 5:25PM Boys Semi-Final 5:40PM 400m Women Semi-Final 5:45PM Triple Jump Women Final

Order of Events - Subject to Change

Men

Girls

Boys

Men

Women

400m

200m

200m

200m

200m

3

## JAAA National Junior & Senior Championships June 23-26, 2022

Sunday June 26, 2022					
TIME	EVENT	CATEGORY	ROUND		
1:00PM	Hammer Throw	Women	Final		
2:00PM	Hammer Throw	Men	Final		
2:15PM	Triple Jump	Boys	Final		
2:20PM	Shot Put	Men	Final		
3:00PM	Javelin	Women	Final		
3:30PM	100m hurdles	Girls	Semi-Final		
3:40PM	100m hurdles	Women	Semi-Final		
3:45PM	Triple Jump	Men	Final		
4:00PM	110m hurdles	Boys	Semi-Final		
4:15PM	110m hurdles	Men	Semi-Final		
4:35PM	800m	Girls	Final		
4:40PM	800m	Boys	Final		
4:45PM	800m	Women	Final		
4:50PM	800m	Men	Final		
5:00PM	Javelin	Men	Final		
5:05PM	400m	Girls	Final		
5:10PM	400m	Boys	Final		
5:15PM	400m	Women	Final		
5:20PM	400m	Men	Final		
5:35PM	100m hurdles	Girls	Final		
5:45PM	100m hurdles	Women	Final		
6:05PM	110m hurdles	Boys	Final		
6:15PM	110m hurdles	Men	Final		
6:30PM	200m	Girls	Final		
6:35PM	200m	Boys	Final		
6:45PM	200m	Men	Final		
6:55PM	200m	Women	Final		
	Order of Events -	Subject to Change			