



Época 2023 / 2024

QUADRO DE VENCEDORES

| ANO | MASCULINOS | | FEMININOS | |
|------|-------------------|----------|---------------------|----------|
| 1977 | CARLOS LOPES | PORTUGAL | --- | --- |
| 1978 | GREG MEYER | USA | ROSA MOTA | PORTUGAL |
| 1979 | FRANK ZIMMERMANN | GER | PENNY YULE | ENG |
| 1980 | FERNANDO MAMEDE | PORTUGAL | WENDY SMITH | ENG |
| 1981 | FERNANDO MAMEDE | PORTUGAL | WENDY SMITH | ENG |
| 1982 | CHRISTOPHER HERLE | GER | AURORA CUNHA | PORTUGAL |
| 1983 | FERNANDO MAMEDE | PORTUGAL | AURORA CUNHA | PORTUGAL |
| 1984 | FRANK ZIMMERMANN | GER | AURORA CUNHA | PORTUGAL |
| 1985 | ANTÓNIO LEITÃO | PORTUGAL | ROSA MOTA | PORTUGAL |
| 1986 | ANTÓNIO LEITÃO | PORTUGAL | RUTH PARTRIDGE | ENG |
| 1987 | VICENT ROUSSEAU | BEL | RIA VAN LANDEGHEM | BEL |
| 1988 | JOSÉ REGALO | PORTUGAL | ANGELA TOOBY | WAL |
| 1989 | JOSÉ REGALO | PORTUGAL | ALBERTINA DIAS | PORTUGAL |
| 1990 | OSORO ONDORO | KEN | JEAN PIPOZ | SUI |
| 1991 | RICHARD CHELIMO | KEN | CATHERINA MCKIERNAN | IRE |
| 1992 | FITA BAYESA | ETH | LUCHIA YISAK | ETH |
| 1993 | OSORO ONDORO | KEN | TEGLA LOURUPE | KEN |
| 1994 | OSORO ONDORO | KEN | CATHERINA MCKIERNAN | IRE |
| 1995 | PAULO GUERRA | PORTUGAL | GABRIELA SZABO | ROM |
| 1996 | EMERSON ISER BEM | BRA | GABRIELA SZABO | ROM |
| 1997 | TOM NYARIKI | KEN | ELENA FIDATOV | ROM |
| 1998 | TOM NYARIKI | KEN | JULIA VAQUERO | ESP |
| 1999 | TOM NYARIKI | KEN | ZAHARA OUAZIZ | MAR |
| 2000 | CHARLES KAMATH | KEN | GETE WAMI | ETH |
| 2001 | PATRICK IVUTI | KEN | LYDIA CHEROMEI | KEN |
| 2002 | TOM NYARIKI | KEN | BERHANE ADERE | ETH |
| 2003 | PATRICK IVUTI | KEN | FERNANDA RIBEIRO | PORTUGAL |
| 2004 | --- | - | --- | - |
| 2005 | MOSOP MOSES | KEN | NANCY KIPROP | KEN |
| 2006 | PETER KAMAIS | KEN | YELENA PROKOPCHUKA | LET |
| 2007 | SERGIY LEBID | UKR | DORKUS INZIKURU | UGA |
| 2008 | KIPRONO MENJO | KEN | MARIA KONOVALOVA | RUS |
| 2009 | KIPRONO MENJO | KEN | YELENA PROKOPCHUKA | LET |
| 2010 | MARK BETT | KEN | DULCE FELIX | PORTUGAL |
| 2011 | KIPRONO MENJO | KEN | ANIKO KALOVICS | HUN |
| 2012 | KIPRONO MENJO | KEN | CORRETI JEPKOECH | KEN |