



FINAL Competition Schedule

For live results and splits times visit: <https://bit.ly/2026-canadian-indoor>

Track	Canadian Indoor Track & Field Championship Friday, February 27		
FACILITY OPENS AT 8:00AM			
Time	Event	Round	Age Group (# of athletes)
10:30	Combined Events - 60m Hurdles	Pentathlon	U16 Girls (5)
10:35	Combined Events - 60m Hurdles	Pentathlon	U20 Women (9)
12:10	60m Hurdles	Prelim	U16 Girls (12)
12:20	60m Hurdles	Prelim	U18 Girls (22)
12:35	Combined Events - 60m Hurdles	Pentathlon	U18 Girls (8)
12:42	Combined Events - 60m Hurdles	Pentathlon	Senior Women (4)
12:45	60m Hurdles	Prelim	U20 Women (22)
12:55	60m Hurdles	Prelim	Senior Women (12)
1:00	60m Hurdles	Prelim	U16 Boys (4)
1:08	60m Hurdles	Prelim	U18 Boys (16)
1:20	60m Hurdles	Prelim	U20 Men (15)
1:30	60m Hurdles	Prelim	Senior Men (5)
1:38	60m Hurdles	Final	U16 Girls
1:45	60m Hurdles	Final	U18 Girls
1:52	60m Hurdles	Final	U20 Women
1:59	60m Hurdles	Final	Senior Women
2:06	60m Hurdles	Final	U16 Boys
2:13	60m Hurdles	Final	U18 Boys
2:20	60m Hurdles	Final	U20 Men
2:27	60m Hurdles	Final	Senior Men
SESSION BREAK			
3:45	2000m	Timed Final	U16 Girls (12)
3:55	2000m	Timed Final	U16 Boys (25)
4:12	3000m	Timed Final	U18 Girls (15)
4:34	3000m	Timed Final	U20 – Senior Women (8 + 4)
4:46	3000m	Timed Final	U18 Boys (16)
5:09	3000m	Timed Final	U20 Men (24)
5:29	3000m	Timed Final	Senior Men (8)
Est. 5:40	Combined Events - 800m	Pentathlon	U16 Girls (5)
Est. 5:40	Combined Events - 800m	Pentathlon	U20 Women (9)
5:55	4x200m	Timed Final	U18 Boys (5)
6:03	4x200m	Timed Final	U20 Men (5)
6:11	4x200m	Timed Final	U16 Girls (4)
6:19	4x200m	Timed Final	U20 Women (5)
6:27	4x200m	Timed Final	U18 Girls (5)
Est. 7:00	Combined Events - 800m	Pentathlon	U18 Girls (8)
Est. 7:00	Combined Events - 800m	Pentathlon	Senior Women (4)





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Field	Canadian Indoor Track & Field Championship Friday, February 27				
Time	Vertical Jumps	Vertical Jumps	Horizontals Pit 1	Horizontals Pit 2	Throws
9:30					
9:45					
10:00					Warmup
10:15					
10:30					U16, U18 Girls (5 + 5) Weight Throw 10:30
10:45		Warmup			
11:00					
11:15		U16, U20 Women (5/9) CE: High Jump Est. 11:15			
11:30					
11:45					
12:00					Warmup
12:15					
12:30					U20, Senior Women (6 + 3) Weight Throw 12:30
12:45					
1:00		Warmup			
1:15					
1:30		U18, Senior Women (8/4) CE: High Jump Est. 1:30			
1:45					
2:00	Warmup				
2:15					
2:30					Warmup
2:45	U16 Girls (5) Pole Vault 2:45				
3:00					U16, U20 Women (5/9) CE: Shot Put Est. 3:00
3:15		Warmup			
3:30				Warmup	
3:45		U18 Boys (4) High Jump 3:45	Warmup		
4:00				U16 Girls (7) Triple Jump 4:00	Warmup
4:15	Warmup		U16, U20 Women (5/9) CE: Long Jump Est. 4:15		U18, Senior Women (8/4) CE: Shot Put Est. 4:15
4:30					
4:45					
5:00	U20 Women (8) Pole Vault 5:00				
5:15		Warmup		Warmup	
5:30			Warmup		
5:45		U16 Boys (6) High Jump 5:45		U20, Senior Women (8 + 4) Triple Jump 5:45	Seated Throws (1 + 3) Female athletes first, then Male athletes 5:45
6:00			U18, Senior Women (8/4) CE: Long Jump Est. 6:00		
6:15					
6:30					
6:45					
7:00					



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Track	Canadian Indoor Track & Field Championship Saturday, February 28			
FACILITY OPENS AT 7:30AM				
Time	Event	Round	Age Group	
9:00	60m	Prelims	U16	Girls (33)
9:15	60m	Prelims	U18	Girls (40)
9:33	60m	Prelims	U20	Women (36)
9:51	60m	Prelims	Senior	Women (13)
10:00	60m	Prelims	U16	Boys (17)
10:15	Combined Events - 60m Hurdles	Pentathlon	U16 & U18	Boys (2 + 4)
10:20	60m	Prelims	U18	Boys (44)
10:45	60m	Prelims	U20	Men (34)
11:00	60m	Prelims	Senior	Men (40)
11:20	60m	Semi Finals	U16	Girls
11:30	60m	Semi Finals	U18	Girls
11:40	60m	Semi Finals	U20	Women
11:50	60m	Semi Finals	U18	Boys
12:05	Combined Events - 60m	Heptathlon	U20 & Senior	Men (5 + 5)
12:12	60m	Semi Finals	U20	Men
12:19	60m	Semi Finals	Senior	Men
12:30	60m	Finals	U16 – U18	Girls
12:39	60m	Finals	U20 – Senior	Women
12:48	60m	Timed Finals	Para	Women (3)
12:52	60m	Finals	U16 – U18	Men
1:01	60m	Finals	U20 – Senior	Men
1:10	60m	Timed Finals	Para	Men (5)
SESSION BREAK				
2:00	300m	Timed Finals	U16	Girls (30)
2:25	300m	Timed Finals	U16	Boys (17)
2:40	400m	Timed Finals	U18	Girls (20)
2:55	400m	Timed Finals	U20	Women (16)
3:10	400m	Timed Finals	Senior	Women (8)
3:18	400m	Timed Finals	U18	Boys (17)
3:34	400m	Timed Finals	U20	Men (20)
3:52	400m	Timed Finals	Senior	Men (8)
Est. 4:05	Combined Events - 1000m	Pentathlon	U16 & U18	Boys (2 + 4)
4:45	1200m	Timed Finals	U16	Girls (21)
5:00	1200m	Timed Finals	U16	Boys (22)
5:15	1500m	Timed Finals	U18	Girls (16)
5:29	1500m	Timed Finals	U20 & Senior	Women (12 + 5)
5:43	1500m	Timed Finals	U18	Boys (21)
5:57	1500m	Timed Finals	U20 & Senior	Men (14 + 5)
6:20	4x400m	Timed Finals	U16	Girls (5)
6:28	4x400m	Timed Finals	U18	Girls (5)
6:36	4x400m	Timed Finals	U20	Women (3)
6:44	4x400m	Timed Finals	U16 & U18 & Senior	Boys (1 + 2 + 2)
6:53	4x400m	Timed Finals	U20	Men (5)



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Saturday, February 28					
Field	Vertical Jumps	Vertical Jumps	Horizontals Pit 1	Horizontals Pit 2	Throws
8:30					Warmup
8:45					
9:00		Warmup			U16 & U18 Boys (3 + 10)
9:15					Weight Throw 9:00
9:30		U20 Men (11) High Jump 9:30			
9:45					
10:00				Warmup	
10:15					
10:30	Warmup			U16 Girls (14) Long Jump 10:30	Warmup
10:45			Warmup		
11:00		Warmup			U16 Girls (6) Shot Put 11:00
11:15	U16, U18 Men (2 + 8) Pole Vault 11:15		U16, U18 Boys (2/4) CE - Long Jump Est. 11:15		
11:30		Senior Men (7) High Jump 11:30			
11:45					
12:00					
12:15					Warmup
12:30			Warmup	Warmup	
12:45					U16, U18 Boys (2/4) CE – Shot Put Est. 12:45
1:00	Warmup		U20, Senior Men (5/5) CE - Long Jump Est. 1:00	U16 Boys (10) Long Jump 1:00	
1:15					
1:30					
1:45		Warmup	Warmup		
2:00	U20 Men (13) Pole Vault 2:00				Warmup
2:15		U16, U18 Boys (2/4) CE - High Jump Est. 2:15	U18 Boys (12) Long Jump 2:15	Warmup	U20, Senior Men (5/5) CE – Shot Put Est. 2:30
2:30				U20 Women (8) Long Jump 2:45	
2:45					
3:00					
3:15					
3:30		Warmup			Warmup
3:45					
4:00		U20, Senior Men (5/5) CE - High Jump Est. 4:00		Warmup	U18 Women (3) Shot Put 4:00
4:15					
4:30			Senior Women (9) Long Jump 4:30	U18 Girls (13) Triple Jump 4:30	
4:45	Warmup				
5:00					
5:15					Warmup
5:30	Senior Men (5) Pole Vault 5:30				
5:45				Warmup	U20, Senior, Para Women (7 + 3 + 1) Shot Put 5:45
6:00					
6:15				U20 & Senior Men (5 + 1) Triple Jump 6:15	
6:30					
6:45					
7:00					
7:15					



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Track	Canadian Indoor Track & Field Championship Sunday, March 1			
FACILITY OPENS AT 7:30AM				
Time	Event	Round	Age Group (# of athletes)	
9:15	Combined Events - 60m Hurdles	Heptathlon	U20 & Senior	Men (5 + 5)
10:00	1500m Racewalk	Timed Finals	U16	Boys (1)
10:10	3000m Racewalk	Timed Finals	U18/U20/Senior	Women & Men (6 + 7)
11:10	200m	Prelims	U16	Girls (28)
11:30	200m	Prelims	U18	Girls (24)
11:50	200m	Prelims	U20 & Para	Women (17 + 1)
12:05	200m	Prelims	Senior	Women (4)
12:10	200m	Prelims	U16	Boys (11)
12:23	200m	Prelims	U18	Boys (24)
12:45	200m	Prelims	U20 & Para	Men (17 + 2)
1:00	200m	Prelims	Senior	Men (11)
Est. 1:10	Combined Events - 1000m	Heptathlon	U20 & Senior	Men (5 + 5)
SESSION BREAK				
2:15	200m	Semi Finals	U16	Girls
2:30	200m	Finals	U18	Girls
2:35	200m	Finals	U20	Women
2:40	200m	Finals	Senior	Women
2:45	200m	Finals	U16	Boys
2:50	200m	Finals	U18	Boys
2:55	200m	Finals	U20	Men
3:00	200m	Finals	Senior	Men
3:30	200m	Finals	U16	Girls
3:35	800m	Timed Finals	U16	Girls (30)
3:57	800m	Timed Finals	U16	Boys (21)
4:09	800m	Timed Finals	U18	Girls (20)
4:20	800m	Timed Finals	U18	Boys (26)
4:35	800m	Timed Finals	U20	Women (12 + 3)
4:47	800m	Timed Finals	U20	Men (27 + 3)
5:11	800m	Timed Finals	Senior	Men (6)



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FACILITY OPENS AT 7:30AM					
Time	Vertical Jumps	Vertical Jumps	Horizontal Pit 1	Horizontal Pit 2	Throws
8:30					Warmup
8:45					
9:00					U20 Men (9) Weight Throw 9:00
9:15					
9:30					
9:45	Warmup				
10:00		Warmup			
10:15				Warmup	
10:30	U20, Senior Men (5+5) Combined Events Pole Vault Est. 10:30	U18 Girls (4) High Jump 10:30			Warmup
10:45				U16 Boys (10) Triple Jump 10:45	
11:00					U16 Boys (5) Shot Put 11:00
11:15					
11:30					
11:45			Warmup		
12:00					
12:15		U16 Girls (6) High Jump 12:30		Warmup	
12:30	Warmup		Warmup		
12:45				U18 Boys (10) Triple Jump 12:45	Warmup
1:00			U18 Girls (12) Long Jump 1:00		
1:15	U18 Women (8) Pole Vault 1:15				U18 Boys (9) Shot Put 1:15
1:30					
1:45					
2:00					
2:15		Warmup	Warmup		
2:30					
2:45		U20 & Senior Women (7 + 1) High Jump 2:45	U20 Men (6) Long Jump 2:45		Warmup
3:00	Warmup				
3:15					U20, Senior, Para Men (9 + 2 + 2) Shot Put 3:15
3:30					
3:45	Senior Women (6) Pole Vault 4:00		Warmup		
4:00					
4:15			Senior & Para Men (7 + 1) Long Jump 4:15		
4:30					
4:45					
5:00					
5:15					