



2023 BULLDOG RELAYS TENTATIVE SCHEDULE

Mike Sanders Track Complex | Starkville, Miss. | March 23-25, 2023

THURSDAY, MARCH 23	FRIDAY, MARCH 24	SATURDAY, MARCH 25
11:50 AM - NATIONAL ANTHEM	TBD - NATIONAL ANTHEM	TBD - NATIONAL ANTHEM
FIELD EVENTS: 12:00 PM - Women's Hammer Throw 3:30 PM - Men's Hammer Throw	FIELD EVENTS: 1:00 PM - Women's Discus 3:30 PM - Men's Discus 5:00 PM - Women's / Men's High Jump 5:30 PM - Women's / Men's Triple Jump	FIELD EVENTS: 11:00 AM - Women's Javelin 12:00 PM - Women's Pole Vault (<i>Men's PV to follow</i>) 1:00 PM - Women's Shot Put 1:00 PM - Men's Shot Put 1:00 PM - Men's / Women's Long Jump 2:30 PM - Men's Javelin
ADDITIONAL NOTES The Hammer Throw competition will take place inside the stadium. For safety reasons, the track will be closed for warm-ups or practice sessions on the oval. Coaches -- Please have your 200m athletes DECLARE for the 200m dash NO LESS than 45 minutes prior to the start of the event - NOT declaring will lead to the athlete being scratched.	RUNNING EVENTS: 5:00 PM - Women's 4x800m Relay 5:10 PM - Men's 4x800m Relay 5:20 PM - Women's 400m Dash 5:40 PM - Men's 400m Dash 6:00 PM - Women's 5000m Run 6:30 PM - Men's 5000m Run	RUNNING EVENTS: 12:00 PM - Women's 4x100m Relay 12:10 PM - Men's 4x100m Relay 12:20 PM - Women's 1500m Run 12:30 PM - Men's 1500m Run 12:50 PM - Women's 100m Hurdles 1:15 PM - Men's 110m Hurdles 1:40 PM - Women's 800m Run 2:00 PM - Men's 800m Run 2:15 PM - Women's 100m Dash 2:30 PM - Men's 100m Dash 2:55 PM - Women's 400m Hurdles 3:10 PM - Men's 400m Hurdles 3:30 PM - Women's 200m Dash (MUST declare 45-min. prior) 3:55 PM - Men's 200m Dash (MUST declare 45-min. prior) 4:15 PM - Women's 3000m Run 4:30 PM - Men's 3000m Run 4:45 PM - Women's 4x400m Relay (Slowest → Fastest) 4:55 PM - Men's 4x400m Relay (Slowest → Fastest)