

2023 NJCAA Division I Track and Field Schedule of Events

Thursday, May 18th

Combined Events

9:00 AM.....Women's Combined Event's
(100m Hurd. - HJ- SP-200M)
9:15 AM.....Men's Combined Event's
(100m- LJ-SP-HJ-400M)

Field Events

1:00 PM.....Women's Hammer- Trial & Final
1:00 PM.....Men's Long Jump- Trial & Final
1:00 PM.....Women's Pole Vault- Final
4:00 PM.....Men's Hammer- Trial & Final
4:00 PM.....Women's Long Jump- Trial & Final
5:00 PM.....Men's Pole Vault- Final

Running Events

7:00 PM.....Women's 4 x 800 Meter Relay- Final
7:15 PM.....Men's 4 x 800 Meter Relay- Final
7:30 PM.....Women's 4 x 100 Meter Relay- Trials
7:45 PM.....Men's 4 x 100 Meter Relay- Trials
8:00 PM.....Women's 400m Hurdles- Prelims
8:15 PM.....Men's 400m Hurdles- Prelims
8:30 PM.....Women's 400 Meter Dash- Prelims
8:45 PM.....Men's 400 Meter Dash- Prelims
9:00 PM.....Women's 10,000m- Final
9:50 PM.....Men's 10,000m – Final

Friday, May 19th

Combined Events

9:00 AM.....Men's Combined Events
(110 HH-Disc-PV-Jav-1500M)
9:30 AM.....Women's Combined Event's
(LJ-Jav-800M)

Field Events

11:00 AM.....Men's High Jump- Finals
2:00 PM.....Men's Discus- Trials & Finals
2:00 PM.....Women's High Jump- Finals
6:00 PM.....Women's Discus- Trials & Finals

Running Events

1:00 PM.....Women's 1500 Meter- Prelims
1:15 PM.....Men's 1500 Meter- Prelims
1:40 PM.....Women's 100-Meter Hurdles-Prelims
2:05 PM.....Men's 110-Meter Hurdles- Prelims
2:30 PM.....Women's 100-Meter Dash- Prelims
2:50 PM.....Men's 100- Meter Dash- Prelims

3:10 PM.....Women's 800 Meter Run- Prelims
3:30 PM.....Men's 800 Meter Dash- Prelims
3:50 PM.....Women's 200 Meter Dash- Prelims
4:05 PM.....Men's 200 Meter Dash- Prelims
4:30 PM.....Women's Steeplechase- Final
4:50 PM.....Men's Steeplechase- Final
5:10 PM..Women's 4 x 400 Meter Relay- Prelims
5:25 PM.....Men's 4 x 400 Meter Relay- Prelims

Saturday, May 20th

Field Events

10:00 AM.....Men's Javelin- Trials & Finals
10:00 AM.....Women's Shot Put- Trials & Finals
11:00 AM..Women's Triple Jump- Trials & Finals
1:00 PM.....Women's Javelin – Trials & Finals
1:00 PM.....Men's Shot Put- Trials & Finals
1:30 PM.....Men's Triple Jump- Trials & Finals

Running Events

Noon.....National Anthem
12:30 PM.... Women's 4x 100 Meter Relay- Final
12:40 PM..... Men's 4 x 100 Meter Relay- Final
12:50 PM.....Women's 1500 Meter- Final
1:00 PM.....Men's 1500 Meter- Final
1:10 PM.....Women's 400- Meter- Final
1:20 PM.....Men's 400- Meter- Final
1:35 PM.....Women's 100-Meter Hurdles- Final
1:45 PM.....Men's 110-Meter Hurdles- Final
2:00 PM.....Women's 100- Meter- Final
2:10 PM.....Men's 100-Meter- Final
2:20 PM.....Women's 800- Meter- Final
2:30 PM.....Men's 800- Meter- Final
2:45 PM.....Women's 400 Meter Hurdles – Final
2:55 PM.....Men's 400 Meter Hurdles – Final
3:10 PM.....Women's 200 Meter- Final
3:15 PM.....Men's 200 Meter – Final
3:25 PM.....Women's 5000 Meter- Final
4:05 PM.....Men's 5000 Meter – Final
4:35 PM.....Women's 4 x 400 Meter Relay- Final
4:45 PM.....Men's 4 x 400 Meter Relay – Final
5:15 PM.....Awards Presentation