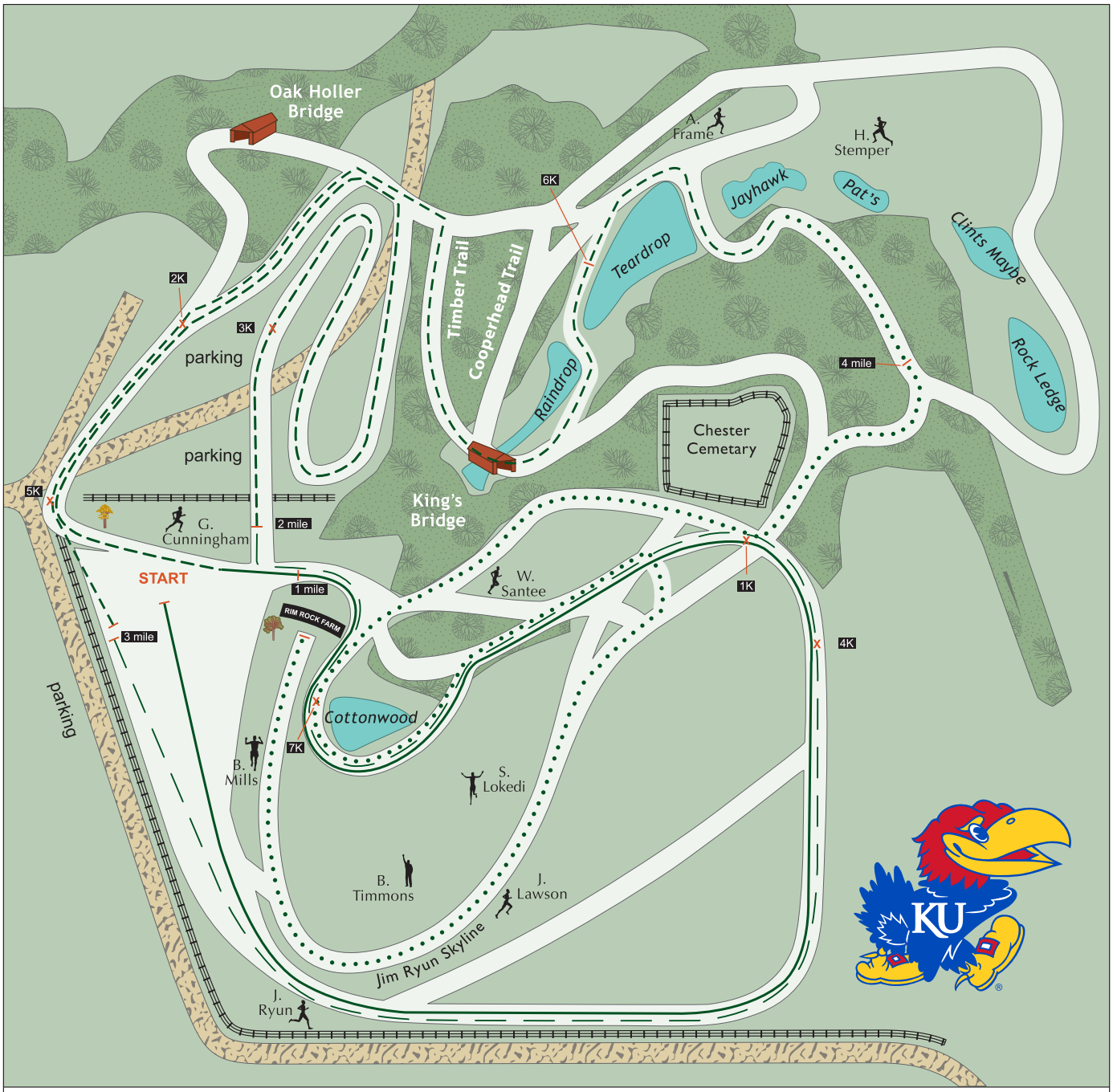

Competition Routes

- 1st Mile
- 2nd Mile
- 3rd Mile
- 4th Mile
- 5th Mile

- Fence
- Road
- Trees
- Grass
- Trail

8K COURSE

RIM ROCK FARM
THE UNIVERSITY OF KANSAS

BIG 12 CROSS COUNTRY CHAMPIONSHIPS